

McLaren Print System Order

Order No: 21281
Order Date: 2016-08-23
User: Lori Kaufman
Phone: 22187

Ship Location: Nutritional Services
401 s. Ballenger Hwy
flint, mi 48507

Brochures
Quantity: 2500
Paragon Dept No: 92050
Dept Name: Nutritional Services
Company Number: 60

Order Total Price: 122.13

Item Number: M-5157-8
Item Description: Carb Controlled Diet
Revision Date: 7/2016
Print: 1 sided full color
Paper: 65# White Cover
Size: 8.5 x 11
Fold:
Finish: None
Drill:
Misc Info: 4 up; ss; final size 3x5



Your diet, like your medication, is an important part of your treatment and may speed your recovery. Your doctor has ordered a Carbohydrate Controlled Diet for you.

While on this diet, you will be served:

- Low fat dairy products, sauces and salad dressings
- Lean meat or meat substitutes

Foods high in fat such as margarine, mayonnaise and bacon will be limited. Foods with sugar will be limited and served to follow your diet as ordered. It is important that you control your

Spec Info: portion sizes, eat a variety of foods and eat at regular times.



nutrition choices for your health

M-5157-5 (06.16)

For more information on your diet, contact Food & Nutrition Services.