

**McLaren Print System Order**

Order No: 41929 Reprint Previous Order No: 41798  
Order Date: 2019-01-15  
User: Teresa Wenzlick  
Phone: 9897795692

Ship Location: Health Park 4 - Attn: Tracy Reetz  
2853 Health Parkway  
Mt. Pleasant, Michigan(MI) 48858

**Forms**

Quantity: 100  
Paragon Dept No: 75375  
Dept Name: Mt. Pleasant  
Company Number: 810

Order Total Price: 17.90

Item Number: MM-34529-B  
Item Description: CHRONIC OBSTRUCTIVE PULMONARY DISEASE SELF MANAGEMENT GOAL CONTRACT  
Revision Date: 1/2019  
Print: 1 sided full color  
Paper: 32# Color Copy Text  
Size: 8.5 x 11  
Fold:  
Finish: None  
Drill: None  
Misc Info:

McLaren Medical Group  
**CHRONIC OBSTRUCTIVE PULMONARY DISEASE  
SELF MANAGEMENT GOAL CONTRACT**

To achieve good control of your COPD it is important to have practical goals for yourself.

Set one goal now and after you have achieved it, move on to another.

Patient Name: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



SELECTED GOAL: \_\_\_\_\_

ACTION PLAN: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

BARRIERS/SOLUTIONS: \_\_\_\_\_

\_\_\_\_\_

Confidence Level (On a scale from 1-10, 1= no confidence, 10= Very confident): \_\_\_\_\_

For Office Use Only: \_\_\_\_ PI met goal \_\_\_\_ PI continues to work on goal  
\_\_\_\_ PI encountered barriers. Problem solving w/pt. conducted. Revised goal: \_\_\_\_\_

MM-34529-B-19