

McLaren Print System Order

Order No: 43718  
Order Date: 2019-03-19  
User: Carrie Wheeler  
Phone: 248-922-6813

Ship Location: McLaren Breast Center  
5701 Bow Pointe Drive, Suite 255  
CLARKSTON, MI 48346

Forms

Quantity: 500  
Paragon Dept No: 8387  
Dept Name: McLaren Oakland  
Company Number: 310

Order Total Price: 117.00

Item Number: M-22012-C  
Item Description: Post Breast Biopsy Instructions  
Revision Date: 11/2017  
Print: 1 sided black and white  
Paper: 2 Part (White, Yellow)  
Size: 8.5 x 11  
Fold:  
Finish: None  
Drill: None  
Misc Info: 2 ply



McLaren Breast Center  
5701 Bow Pointe Dr, Suite 255  
Clarkston, MI 48346  
(248) 922-6810

Breast Procedure After-Care  
Discharge Instructions

1. You may have mild discomfort, swelling, or tenderness of the entire breast and this may last for 7-10 days. You may have bruising where the needle entered the skin.
2. Apply an ice pack to biopsy site for 20 minutes on and 20 minutes off until bedtime.
3. Wear a supportive bra for next 24 hours including while sleeping to help minimize motion of the breast.
4. For any discomfort, tenderness, or pain that you may experience, over the counter medication such as Tylenol may be taken according to package directions. **Do not take any NSAIDS (Ibuprofen, Advil) or any aspirin-containing products for 24 hours.**
5. Do not participate in strenuous activities for 24 hours. No lifting, bending, stretching, cooking, cleaning, etc. Avoid activities with arm movement.
6. Keep site dry for 24 hours. You may shower 24 hours after procedure.
7. Remove dressing or band aid only before showering or bathing, leaving steri-strips and/or skin adhesive in place for next 7 days. You may remove after 7 days if these do not fall off on their own.
8. Watch for excessive bleeding, swelling, redness, fever, or discharge from site or nipple. If any of these symptoms occur, please contact the Breast Center or your primary care physician. If after hours, please go to the Emergency Room or Urgent Care.
9. Pathology results are typically available in 3 business days and the results will be sent to your physician. You will be notified of your results by the ordering physician. If you have not received your results after 3 business days, please call your physician's office directly.

Thank you for choosing the McLaren Breast Center!

Krista Booth, D.O.  
Eric Stevan, D.O.  
Adam Schwadlow, D.O.  
Lindsay Kirk, D.O.  
Kevin Carter, D.O.

I have been given instructions for aftercare and understand them. I have also received a copy for my records and my questions have been answered.

Patient: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
 Technologist(s) and/or RN: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
 Physician: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

Spec Info: