

**McLaren Print System Order**

Order No: 45470 Reprint Previous Order No: 7546  
 Order Date: 2019-05-17  
 User: susan jackson  
 Phone: 8103425370

Ship Location: McLaren Pulmonary Rehab  
 G 3230 Beecher Road lower level  
 Flint, Michigan 48532,

**Forms**

Quantity: 100  
 Paragon Dept No: 40110  
 Dept Name: Pulmonary Rehab  
 Company Number: 60

Order Total Price: 7.28

Item Number: M-17322-A  
 Item Description: Pulmonary Rehabilitation  
 Revision Date: 8/2016  
 Print: 2 sided black and white  
 Paper: 65# White Cover  
 Size: 8.5 x 11  
 Fold:  
 Finish: None  
 Drill: 2 Hole Top  
 Misc Info:

McLAREN FLINT  
 Flint Michigan  
 PULMONARY REHABILITATION  
 WEIGHT TRAINING

		DATE				
TRICEP EXTENSION	Reps	Weight				
	Reps	# of Reps				
ARM CURL	Reps	Weight				
		# of Reps				
LEG EXTENSION	Reps	Weight				
		# of Reps				
SEATED LEG CURL	Reps	Weight				
		# of Reps				
LOWER BACK Bend to Front	Reps	Weight				
		# of Reps				
LOWER BACK Bend to Back	Reps	Weight				
	Knee	# of Reps				
LAT ROW	Reps	Weight				
		# of Reps				
VERTICAL BENCH	Reps	Weight				
		# of Reps				
MULTI HP	Upper	Weight				
	High Rep	# of Reps				
LEG PRESS	Reps	Weight				
		# of Reps				

