

McLaren Print System Order

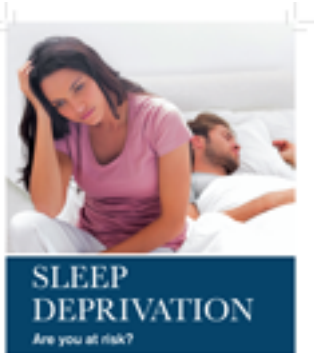
Order No: 45550
Order Date: 2019-05-23
User: Jamie Wark
Phone: 989-672-5795

Ship Location: McLaren Caro Region
401 N. Hooper Street
Caro, MI 48723

Brochures
Quantity: 250
Paragon Dept No: 8837
Dept Name: Sleep
Company Number: 510

Order Total Price: 33.00

Item Number: CR-32
Item Description: SLEEP CENTER RACK CARD
Revision Date: 1/2019
Print:
Paper:
Size:
Fold:
Finish:
Drill:
Misc Info: ds;100# cover; bleed; 3.875x8.875



According to the Centers for Disease Control and Prevention, an estimated 70 million adults suffer from a sleep disorder.

Research shows that many sleep disorders may be associated with chronic diseases such as diabetes, depression and obesity. Insufficient sleep can impact daily living and impair reaction while driving, operating machinery or performing daily routine work.

Common symptoms of sleep disorders include:

- Frequently having difficulty falling asleep, staying asleep, or feeling tired after sleep
- Snoring, gasping for breath, or interrupted breathing during sleep
- Unpleasant tingling or nervousness in the legs during sleep

Think you may have a sleep disorder? Are you a night shift worker trying to adjust to an irregular sleep schedule?

Take the sleep quiz on the reverse side to find out if you are at risk.