

McLaren Print System Order

Order No: 51502
Order Date: 2020-01-07
User: Kristin Masters
Phone: 5179753520

Ship Location: McLaren Rehab Services- Jolly Road
3394 East Jolly Road Suite B
Lansing, MI 48910

Brochures
Quantity: 500
Paragon Dept No: 37210
Dept Name: McLaren Rehab Jolly Road
Company Number: 160

Order Total Price: 143.00

Item Number: MGL-017
Item Description: Pelvic Health Brochure
Revision Date: 4/2019
Print:
Paper:
Size:
Fold:
Finish:
Drill:
Misc Info: ds; color; bleed 80# cover; bi-fold; 8.5x11

Therapy Designed to Meet Your Needs

Upon referral to physical therapy, you will receive a comprehensive evaluation by a physical therapist who has received extensive training in treating pelvic floor dysfunction. An individualized treatment plan will be developed with your personal goals in mind in order to help you return to your normal daily activities as quickly and safely as possible.

Treatment may include:

- Manual therapy to correct pelvic and lower back alignment and restore soft tissue mobility.
- Biofeedback training to regain proper function and coordination of the muscles of the pelvic floor.
- Electrical stimulation to retrain the muscles and reinforce motor recruitment with exercise.
- Bladder retraining.
- Therapeutic exercise to increase core strength, pelvic floor strength, and posture.
- Dietary and fluid intake education.
- Education on the pelvic floor, hip, and lower back muscles that may be causing pain.
- Education on the use of medical dilators or adaptors.
- Education and home exercise programs to help maintain healthy bladder and bowel function.
- Targeted education to caregivers and parents.

Physical therapy is an option whether you experience small or large wetting accidents, bowel incontinence, or pelvic pain.

You now have hope of regaining control and improving your quality of life. Treatment can help men, women, and children.



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PELVIC HEALTH AND PELVIC FLOOR REHABILITATION

McLaren
 GREATER LANSING

DOING WHAT'S BEST

Spec Info: