

McLaren Print System Order

Order No: 61432
 Order Date: 2021-04-01
 User: chad chunko
 Phone: 8103422235

Ship Location: McLaren Flint pulmonary rehab
 G3230 Beecher Road lower level
 flint, mi 48532

Forms

Quantity: 500
 Paragon Dept No: 27105
 Dept Name: McLaren Flint pulmonary rehab
 Company Number: 60

Order Total Price: 36.40

Item Number: M-17322-A
 Item Description: Pulmonary Rehabilitation
 Revision Date: 8/2016
 Print: 2 sided black and white
 Paper: 65# White Cover
 Size: 8.5 x 11
 Fold:
 Finish: None
 Drill: 2 Hole Top
 Misc Info:

MCLAREN FLINT
 Flint Michigan
 PULMONARY REHABILITATION
 WEIGHT TRAINING

		DATE									
TRICEP EXTENSION	Start	Weight									
	End	# of Reps									
ARM CURL	Start	Weight									
	End	# of Reps									
LEG EXTENSION	Start	Weight									
	End	# of Reps									
SEATED LEG CURL	Start	Weight									
	End	# of Reps									
LOWER BACK Bend to Front	Start	Weight									
	End	# of Reps									
LOWER BACK Bend to Back	Start	Weight									
	End	# of Reps									
LAT ROW	Start	Weight									
	End	# of Reps									
VERTICAL BENCH	Start	Weight									
	End	# of Reps									
MULTI HP	Start	Weight									
	End	# of Reps									
Spec Info:	Start	Weight									
	End	# of Reps									

