

**McLaren Print System Order**

Order No: 61433  
 Order Date: 2021-04-01  
 User: chad chunko  
 Phone: 8103422235

Ship Location: McLaren Flint pulmonary rehab  
 G3230 Beecher Road lower level  
 flint, mi 48532

**Forms**

Quantity: 500  
 Paragon Dept No: 27105  
 Dept Name: McLaren Flint pulmonary rehab  
 Company Number: 60

Order Total Price: 36.40

Item Number: M-17322-A  
 Item Description: Pulmonary Rehabilitation  
 Revision Date: 8/2016  
 Print: 2 sided black and white  
 Paper: 65# White Cover  
 Size: 8.5 x 11  
 Fold:  
 Finish: None  
 Drill: 2 Hole Top  
 Misc Info:

MCLAREN FLINT  
 Flint Michigan  
 PULMONARY REHABILITATION  
 WEIGHT TRAINING

|                             |      | DATE:     |  |  |  |  |  |  |  |
|-----------------------------|------|-----------|--|--|--|--|--|--|--|
| TRICEP EXTENSION            | Reps | Weight    |  |  |  |  |  |  |  |
|                             | Reps | # of Reps |  |  |  |  |  |  |  |
| ARM CURL                    | Reps | Weight    |  |  |  |  |  |  |  |
|                             |      | # of Reps |  |  |  |  |  |  |  |
| LEG EXTENSION               | Reps | Weight    |  |  |  |  |  |  |  |
|                             |      | # of Reps |  |  |  |  |  |  |  |
| SEATED LEG CURL             | Reps | Weight    |  |  |  |  |  |  |  |
|                             |      | # of Reps |  |  |  |  |  |  |  |
| LOWER BACK<br>Bend to Front | Reps | Weight    |  |  |  |  |  |  |  |
|                             |      | # of Reps |  |  |  |  |  |  |  |
| LOWER BACK<br>Bend to Back  | Reps | Weight    |  |  |  |  |  |  |  |
|                             | Knee | # of Reps |  |  |  |  |  |  |  |
| LAT ROW                     | Reps | Weight    |  |  |  |  |  |  |  |
|                             |      | # of Reps |  |  |  |  |  |  |  |
| VERTICAL BENCH              | Reps | Weight    |  |  |  |  |  |  |  |
|                             |      | # of Reps |  |  |  |  |  |  |  |
| MULTI HP                    | Reps | Weight    |  |  |  |  |  |  |  |
|                             | Reps | # of Reps |  |  |  |  |  |  |  |
| Spec Info:                  | Reps | Weight    |  |  |  |  |  |  |  |
|                             |      | # of Reps |  |  |  |  |  |  |  |

