

**McLaren Print System Order**

Order No: 62390  
 Order Date: 2021-05-13  
 User: Marie Schwerin  
 Phone: 810-342-2279

Ship Location: McLaren Flint - LDRP 7South  
 401 S. Ballenger Hwy.  
 Flint, MI

Brochures  
 Quantity: 100  
 Paragon Dept No: 23070  
 Dept Name: McLaren Flint - LDRP  
 Company Number: 60

Order Total Price: 80.00

Item Number: M-10370  
 Item Description: Breastmilk Storage Magnet  
 Revision Date: 2014  
 Print:  
 Paper:  
 Size:  
 Fold:  
 Finish:  
 Drill:  
 Misc Info: 4x7 Magnet with rounded corners

## Breast Milk Storage Guidelines for Healthy Babies

Freshly expressed breast milk	Room Temperature 66-72°F	Refrigerator 32° F	Freezer 4° F <small>(Don't store on door. Keep frozen solid.)</small>
	<b>4 hours</b>	<b>5-7 days</b>	<b>3-4 months 6-12 months or longer in deep freezer (0° F or less)</b>

- Wash hands before pumping.
- Use "oldest" milk first. Label milk with date.
- Thaw milk in refrigerator overnight or hold bottle under warm running water.
- To bring milk up to body temperature, place sealed container in a bowl of warm water for 20 minutes.
- Thawed milk is safe in refrigerator for 24 hours.
- NEVER refreeze milk.
- NEVER microwave breast milk.

Spec Info:



*If you have questions or concerns, call  
 McLaren's Lactation Consultant at (810) 342-4896.*