

McLaren Print System Order

Order No: 6089
Order Date: 2014-09-26
User: amy germain
Phone: 586-286-4880

Ship Location: mclaren womens health clinton twp/attn: amy
39373 garfield
clinton twp , mi 48038

Forms

Quantity: 100
Paragon Dept No: 72100
Dept Name: mclaren macomb womens health clinton twp
Company Number: 810

Order Total Price: 14.28

Form Number: MM-3359
Form Description: Normal Lab Results Card (Adult)
Revision Date: 10/2013
Print: 2 sided black and white
Paper: 65# White Cover
Size: 8.5 x 11
Fold: Bi-Fold (1/2)
Finish:
Drill:

- **Total cholesterol** should be under 200
- **HDL (good cholesterol)** should be over 40 and over 50 (men) with regular exercise
- **LDL (bad cholesterol)** should be less than 130 for those at average risk. For people with cardiovascular disease it should be less than 100. For people with coronary artery disease, diabetes, stroke, or cardiovascular disease, LDL should be under 70. To lower it, eat less on fat and cholesterol in your diet and exercise regularly.
- **Triglycerides** in blood fat should be less than 150. Reduction of obesity, cardiovascular disease, stroke, cancer, liver and reduction of alcohol reduce triglycerides.
- **Hemoglobin (Hgb)** is a measure of red blood cells. If low, you have anemia.
- **Hemoglobin A1c (HbA1c)** is a measure of glucose (F70-100) (Diabetes maintenance F less than 7.0). A result over 7.0 may indicate diabetes.
- **HgA1c (HbA1c)** is a measure reflecting the average blood sugar over the last three months.
- **HbA1c** under 7.0 is recommended for diabetic patients.
- **TSH (Thyroid screening test)** is elevated in underactive thyroid and low in overactive thyroid.
- **PSA (Prostate specific antigen)** is a measure of prostate activity. Normal values are 0-4. Higher levels may require further testing.
- **Urea and Creatinine** are kidney function tests when urine and high, the kidneys are not functioning optimally.
- **Electrolyte** abnormalities may be caused by water pills, kidney problems, dietary deficiencies or other medical problems.
- **Fast Oestrol Blood** is a test for hidden blood in the stool and may help to screen for colon cancer. If positive, you may need a colonoscopy.
- **White Blood Cell Count** is often elevated in patients with infections.
- **MRP** (Rapid) paper ensures an important way to screen for colorectal cancer. For women between the ages of 50 and 60, the American Cancer Society recommends a paper stool study once to three years.
- **Hemogram** Please remember that about 10% of cancer cannot be found by chemotherapy, and that early detection requires a combination of healthy and consistent, yearly clinical breast exams, and yearly mammograms.

Thank you
for choosing
McLaren
HEALTH CARE
and the physicians and staff
who serve you.

Enclosed are the results of
your recent laboratory tests
for your personal file.

Please bring all medications to
your next physician appointment.