

**McLaren Print System Order**

Order No: 43383  
 Order Date: 2019-03-06  
 User: Andrea Bennett  
 Phone: 342-3900

Ship Location: McLaren Flint Beechill Ctr  
 G3200 Beecher Rd  
 Flint, MI 48532

**Forms**

Quantity: 500  
 Paragon Dept No: 36110  
 Dept Name: Sleep Center  
 Company Number: 60

Order Total Price: 0.00

Item Number: M-17030  
 Item Description: Patient Pre-Sleep Study Questionnaire  
 Revision Date: 1/2018  
 Print: 1 sided black and white  
 Paper: 20# White Text  
 Size: 8.5 x 11  
 Fold:  
 Finish:  
 Drill: None  
 Misc Info:

MCLAREN FLINT  
 SLEEP DIAGNOSTIC CENTER  
 PATIENT PRE-SLEEP STUDY QUESTIONNAIRE

Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

1. Have you had any of the following during the last 24 hours? (list type, amount and time)
  - Alcohol  Yes  No Amount: \_\_\_\_\_ At: \_\_\_\_\_ a.m./p.m.
  - Coffee/Tea  Yes  No Amount: \_\_\_\_\_ At: \_\_\_\_\_ a.m./p.m.
  - Chocolate  Yes  No Amount: \_\_\_\_\_ At: \_\_\_\_\_ a.m./p.m.
  - Medication that you don't take daily Type: \_\_\_\_\_ At: \_\_\_\_\_ a.m./p.m.
2. Was last night's sleep typical for you regarding total sleep time, awakenings and quality?  Yes  No  
 Please explain: \_\_\_\_\_
3. Did you nap today?  Yes  No For how long: \_\_\_\_\_
4. How stressful was your day?  Not at all  A little stressful  Very stressful
5. How does this compare with a usual day for you?  Less stressful  The same  More stressful
6. How nervous are you about this study?  Not at all  Slightly nervous  Very nervous
7. How do you feel right now?
  - Physically fatigued:  Not at all  A little  Quite a bit  Extremely
  - Sleepy:  Not at all  A little  Quite a bit  Extremely
  - Alert:  Not at all  A little  Quite a bit  Extremely
8. Who recognized your sleep problem?  Self  Bed partner  Physician  Other: \_\_\_\_\_
9. Are you currently experiencing any pain or discomfort?  Yes  No  
 If yes, explain: \_\_\_\_\_

**Spec Info:**

10. What bedtime? \_\_\_\_\_ a.m./p.m.  
 11. Is there a specific time you need to be awakened?  
 Yes Time requested: \_\_\_\_\_ a.m./p.m.  
 The average sleep study is 6-7 hours record time. You should expect to be awake by the tech as early as 6am.

PATIENT  
 PRE-SLEEP STUDY  
 QUESTIONNAIRE  
 01/2018/11/18



4150
