

McLaren Print System Order

Order No: 46208
Order Date: 2019-06-14
User: Andrea Bennett
Phone: 342-3900

Ship Location: McLaren Flint Beechill Ctr
G3200 Beecher Rd
Flint, MI 48532

Forms

Quantity: 500
Paragon Dept No: 36110
Dept Name: Sleep Center
Company Number: 60

Order Total Price: 0.00

Item Number: M-17030
Item Description: Patient Pre-Sleep Study Questionnaire
Revision Date: 1/2018
Print: 1 sided black and white
Paper: 20# White Text
Size: 8.5 x 11
Fold:
Finish:
Drill: None
Misc Info:

McLAREN FLINT
SLEEP DIAGNOSTIC CENTER
PATIENT PRE-SLEEP STUDY QUESTIONNAIRE

Name: _____ Date: ____/____/____

- 1. Have you had any of the following during the last 24 hours? (list type, amount and time)
Alcohol Yes No Amount: _____ At: _____ a.m./p.m.
Coffee/Tea Yes No Amount: _____ At: _____ a.m./p.m.
Chocolate Yes No Amount: _____ At: _____ a.m./p.m.
Medication that you don't take daily Type: _____ At: _____ a.m./p.m.
- 2. Was last night's sleep typical for you regarding total sleep time, awakenings and quality? Yes No
Please explain: _____
- 3. Did you nap today? Yes No For how long: _____
- 4. How stressful was your day? Not at all A little stressful Very stressful
- 5. How does this compare with a usual day for you? Less stressful The same More stressful
- 6. How nervous are you about this study? Not at all Slightly nervous Very nervous
- 7. How do you feel right now?
Physically fatigued: Not at all A little Quite a bit Extremely
Sleepy: Not at all A little Quite a bit Extremely
Alert: Not at all A little Quite a bit Extremely
- 8. Who recognized your sleep problem? Self Bed partner Physician Other: _____
- 9. Are you currently experiencing any pain or discomfort? Yes No
If yes, explain: _____

Spec Info:

10. What bedtime? _____ a.m./p.m.
11. Is there a specific time you need to be awakened?
 Yes Time requested: _____ a.m./p.m.
The average sleep study is 6-7 hours record time. You should expect to be awake by the tech as early as 6am.

PATIENT
PRE-SLEEP STUDY
QUESTIONNAIRE
1/18/2018



4150
