

McLaren Print System Order

Order No: 52585
 Order Date: 2020-02-13
 User: Kerri Mellon
 Phone: 8103425190

Ship Location: Attn Kerri Mellon, McLaren Flint - 9 S (PCU)
 401 S. Ballenger Hwy
 Flint, MI 48532

Brochures
 Quantity: 153
 Paragon Dept No: 30165
 Dept Name: PCU
 Company Number: 60

Order Total Price: 39.78

Item Number: M-35044-C
 Item Description: Understanding Cholesterol
 Revision Date: 1/2019
 Print:
 Paper:
 Size:
 Fold:
 Finish:
 Drill:
 Misc Info: ds; bleed; bi-fold 80# cover

TOTAL SERUM CHOLESTEROL LEVEL

120-199 mg/dL	Desirable
200-239 mg/dL	Borderline high
240 mg/dL or higher	High

"BAD" CHOLESTEROL (LDL)

Less than 100 mg/dL	Optimal
100-129 mg/dL	Near optimal/ above optimal
130-159 mg/dL	Borderline high
160-189 mg/dL	High
190 mg/dL or higher	Very high

TRIGLYCERIDES

25-149 mg/dL	Normal
150-199 mg/dL	Borderline high
200-499 mg/dL	High
500 mg/dL or higher	Very high

Remember, your doctor will look at your numbers and decide on an LDL cholesterol goal for you. Always ask what your cholesterol goal numbers mean, based on your complete health history.

"GOOD" CHOLESTEROL (HDL)

Optimal For Men:	40mg/dL or higher
Optimal For Women:	50 mg/dL or higher

Source: National Cholesterol Education Program (NCEP)



Spec Info:

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