

McLaren Print System Order

Order No: 59475 Reprint Previous Order No: 59404
Order Date: 2021-01-06
User: Bobbie Morris
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Ship Location: McLaren Midland ENT-Attention Bobbie
801 Joe Mann Blvd., Ste H
Midland, Michigan 48642

Forms

Quantity: 100
Paragon Dept No: 56058
Dept Name: McLaren Midland ENT
Company Number: 810

Order Total Price: 10.90

Item Number: MM-34021
Item Description: PPPD_CSD - 5 pages
Revision Date: 12/2020
Print: 2 sided black and white
Paper: 20# White Text
Size: 8.5 x 11
Fold:
Finish: None
Drill: None
Misc Info: 5 pages; black & white; bond



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Persistent Postural-Perceptual Dizziness

Previously known as Chronic Subjective Dizziness

Based on an article written by Dr. Jeffrey P. Staab

HISTORY

In 1986, German neurologists Thomas Brandt and Marianne Dieterich first described a condition that they called phobic postural vertigo (PPV). Symptoms included postural dizziness without vertigo and fluctuating unsteadiness provoked by environmental or social stimuli (e.g. crowds), which could not be explained by some other neuro-otologic disorder. Triggers included a pre-existing vestibular disorder, medical illness or psychological stress.

Behavioral criteria of PPV included the presence of an obsessive-compulsive personality, mild depression, and anxiety. Studies on PPV showed that it was NOT a psychiatric disorder, but rather a neuro-otologic condition with behavioral elements.

In the early 2000s, the American team of Jeffrey Staab, Michael Ruckenstein, & their colleagues performed studies to update the concept of PPV and described the clinical syndrome of chronic subjective dizziness (CSD). The symptoms of CSD included non-vertiginous dizziness and unsteadiness that was increased by a person's own motion, exposure to environments with a complex or moving stimuli (e.g., stores, crowds), and performance of tasks that required precise visual focus (e.g., reading, using a computer).

Other vestibular experts described space-motion discomfort and visual vertigo, symptoms that overlapped to some extent with PPV and CSD.

In 2003, scientists from around the world began a process of identifying the most important features of these syndromes. In early 2004, they reached a consensus on the key symptoms and defined a diagnosis of Persistent Postural-Perceptual Dizziness (PPPD).

The World Health Organization has included PPPD in its draft list of diagnoses to be added the next edition of the International Classification of Diseases (ICD-11) in 2017.

Symptoms

- The primary symptoms of PPPD are persistent sensations of rocking or swaying unsteadiness and/or dizziness without vertigo lasting 3 months or more;
- Symptoms are present on more days than not (at least 15 of every 30 days); most patients have daily symptoms.
- Symptoms are typically worse with:
 - Upright posture (standing or sitting upright)
 - Head or body motion
 - Exposure to complex or motion-rich environments