

McLaren Print System Order

Order No: 7551
 Order Date: 2014-12-09
 User: LISA LUCKY
 Phone: 810-342-5370

Ship Location: McLaren Flint - PULMONARY REHAB-MEB / ATTN: L LUCKY
 G-3230 BEECHER RD, LOWER LEVEL
 FLINT, MI 48532

Forms

Quantity: 1000
 Paragon Dept No: 40110
 Dept Name: McLaren Flint - PULMONARY REHAB ---MEB
 Company Number: 60

Order Total Price: 69.00

Item Number: M-17322-A
 Item Description: Pulmonary Rehabilitation
 Revision Date: 12/2014
 Print: 2 sided black and white
 Paper: 65# White Cover
 Size: 8.5 x 11
 Fold:
 Finish:
 Drill: 5 Hole Top
 Misc Info:

MCLAREN FLINT
 Flint Storage
 PULMONARY REHABILITATION
 WEIGHT TRAINING

		DATE			
		Year	Month	Day	Time
TRICEP EXTENSION	Front				
	Back				
ARM CURL	Front				
	Back				
LEG EXTENSION	Front				
	Back				
SEATED LEG CURL	Front				
	Back				
LOWER BACK <small>Based on Front</small>	Front				
	Back				
LOWER BACK <small>Based on Back</small>	Front				
	Back				
LAY ROW	Front				
	Back				
VERTICAL BENCH	Front				
	Back				
MULTI-REP	Upper				
	High/Low				
LEG PRESS	Back/Front				
	Front/Back				



