

McLaren Print System Order

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 User: Julie Kukla
 Phone: 43827

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 503 Mulholland
 Bay City, Mi 48708

Brochures
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 Item Description: Center of Excellence for Balance and Mobility Brochure
 Revision Date: 2013
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Take the Balance Test

- Are you over age 65?
- Have you fallen in the past year, or are you afraid of falling?
- Do you have numbness or loss of sensation in your feet?
- Have you had a stroke or other neurological problem that has affected your balance?
- Do you have problems with your vision?
- Do you experience difficulty getting around due to weakness or imbalance, or need a cane or walker for safety?
- Do you take more than 4 medications?
- Do you take Antisert or Meclizine?
- Do you feel dizzy or unsteady if you move suddenly or if you turn over at night?
- Do you have anxiety, confusion or feel depressed?

If you answered "Yes" to 3 or more of these questions, you may be at risk for a fall.

Information and Referrals
 McLaren Bay Region
 West Side Medical Mall

REHABILITATION THERAPY LOCATIONS

<p>West Side Medical Mall Physical Therapy 4775 N. Euclid Bay City, MI 48706 (989) 667-3646 (989) 667-3637 fax</p>	<p>East Side Medical Mall Physical Therapy Center 1454 West Center Rd. (at Pine) Escanaba, MI 48732 (989) 895-4540 (989) 895-4641 fax</p>
<p>Center for Rehabilitation West Campus 3790 E. Midland Rd. Bay City, MI 48706 (989) 667-6400 (989) 667-6400 fax</p>	<p>Auburn Rehab. Center 372 Midland Rd. Auburn, MI 48601 (989) 662-4387 (989) 662-6400 fax</p>
<p>Presencing Physical Therapy 4293 N. Huron Rd. Suite 2 Presencing, MI 48450 (989) 879-1500 (989) 879-4295 fax</p>	<p>Riverview Physical Therapy Dow Bay Area Family Y 225 Washington Bay City, MI 48708 (989) 895-4340 (989) 895-4338 fax</p>

Center of Excellence for Balance and Mobility
Keeping You on Your Feet!

One in three adults aged 65 or older will fall each year. A fall can drastically change your quality of life. Balance is the key to your independence. WE CAN HELP!

McLaren
 BAY REGION

www.mclaren.org/keepingonfeet