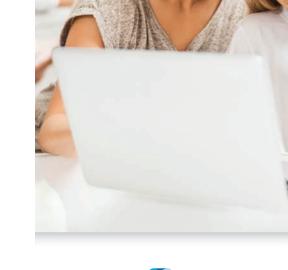
Manage your healthcare easily and securely

Online Medical Records Access

Questions?

Contact the FollowMyHealth™
support team by email at
fmhquestions@mmponline.com





mclaren.org/lansingmmp







FollowMyHealth™allows patients to:

- > Retrieve updated health information electronically anywhere, anytime
- View lab results
- > Receive reminders of upcoming appointments
- View medications, allergies and vaccinations
- > Download, email and fax your health records
- Pay your MMP bill
- Get navigation assistance to your doctor's office
- Communicate securely with your doctors



How It Works

Just stop in at any Mid-Michigan Physicians location with your photo ID and your email address and ask any of our patient registration staff to sign you up for FollowMyHealth. Enrollment is open to patients 18 and older.

After signing up, you will receive an email invitation with a link to activate your account and create an authentication ID.

To complete this online process, you will be required to enter an "Invitation Code", which is provided below.

Please keep this code for when you receive your invitation email.

> Access your health record on your mobile device!

Download apps at: www.jardogs.com