McLaren Macomb STAR Program® Cancer Rehabilitation

Survivorship Training And Rehab



At McLaren Macomb we are committed to helping cancer survivors function at the highest level possible. Whether newly diagnosed or finished with treatment, our team of experts help survivors who are experiencing side effects or unresolved issues from cancer treatment.

Our cancer rehabilitation team consists of a group of trained physical therapists (with lymphedema certification), occupational therapists and speech-language pathologists. Our Star Program certified therapists have been trained in the latest oncology rehab care while implementing research based protocols that have been proven to help cancer survivors optimally heal and function.

Program Outcomes include:

Reduced fatigue

Having more energy to do the things you enjoy Ability to walk further distances Reduced musculoskeletal pain and joint stiffness Improved balance / increased strength Reduced long term effects of chemotherapy Improved swallowing function (for certain cancers) Better memory Reduced lymphatic swelling



To schedule a physical therapy, occupational therapy, or speech therapy appointment, please call (586) 992-9032. We have three locations to serve you:

•Clinton Township 16 & Gratiot •Shelby Township 26 Mile & Van Dyke •Lenox Township 31 Mile & Gratiot

mclaren.org/macomb

