

McLaren Flint

## PELVIC DYSFUNCTION AND WOMEN'S HEALTH THERAPY PRESCRIPTION

Patient: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

**FREQUENCY:**  Daily  Three X Week  Two X Week  Other \_\_\_\_\_ **DURATION:** \_\_\_\_\_

Pregnant Estimated due date: \_\_\_\_\_

### Diagnosis:

- Lymphedema
  - Post mastectomy
  - Other: \_\_\_\_\_
- Pain
  - Back pain
  - Sciatica
  - Sacroiliac pain
  - Coccydynia
  - Other: \_\_\_\_\_
- Ligamentous laxity
- Muscle spasm/pain
- Disuse Atrophy/weakness
- Myalgia or myositis, unspecified
- Osteoporosis
- Pathological Fracture
- Other: \_\_\_\_\_

### PT/OT Evaluate and Treat:

- Exercise
- Neuro-muscular Re-education
- Manual Therapy
- Home Instructions
- Postural/Body Mechanics
- Massage
- Splinting/Bracing
- Scar Management
- Complete Decongestive Therapy
- Decompression Exercises
- Modalities PRN
- Other: \_\_\_\_\_

Other: \_\_\_\_\_

Noted Precautions/Restrictions: \_\_\_\_\_

\_\_\_\_\_  
(PHYSICIAN SIGNATURE)

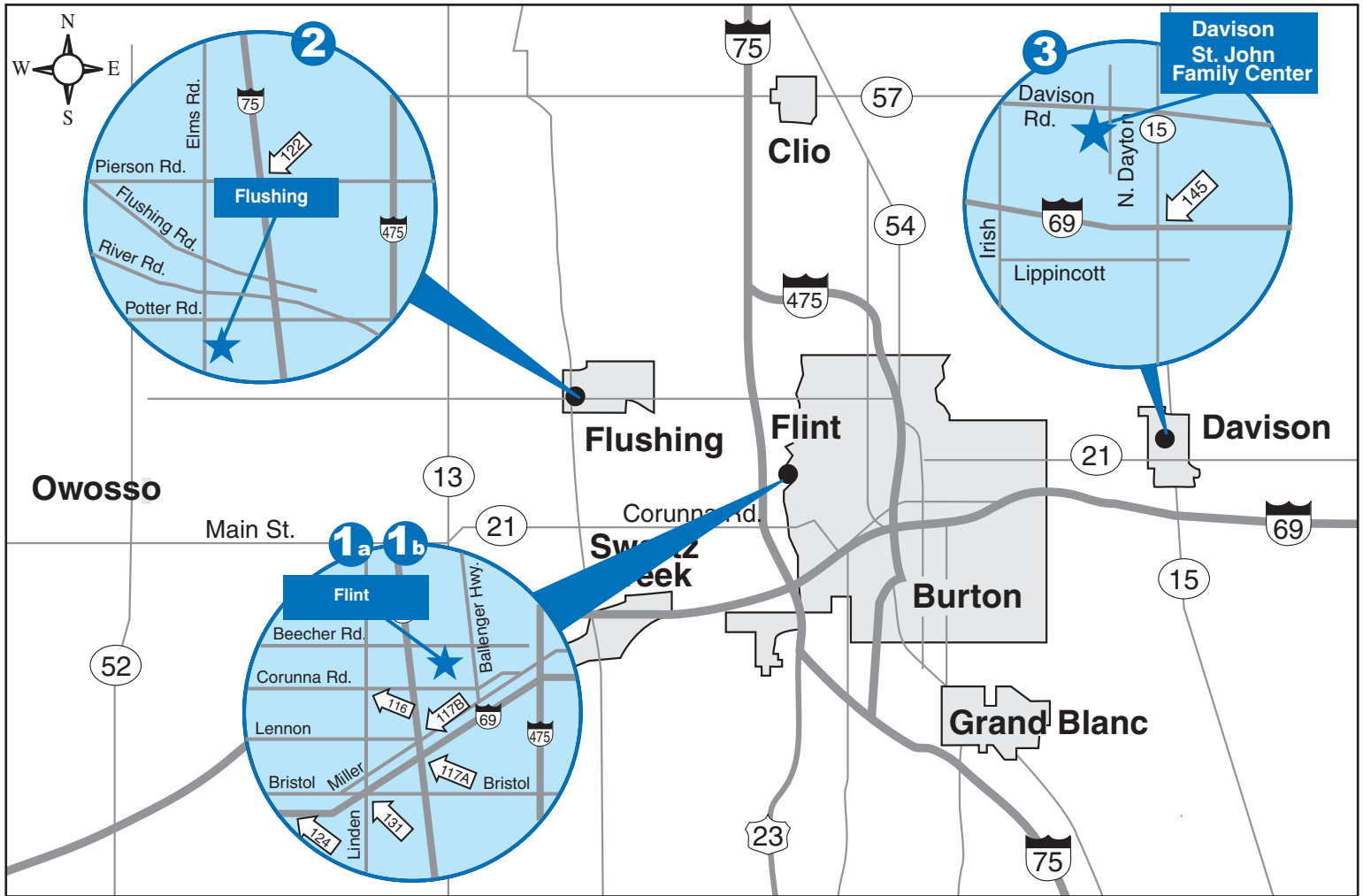
DATE: \_\_\_\_\_

PT.

MR./P.M.

DR.

# McLaren Flint Therapy Services



**1a. Flint -**  
 Physical Therapy, Sports Medicine and  
 Balance Center  
 G-3239 Beecher Rd., Flint, MI 48532  
 Monday - Friday  
 Phone: (810) 342-5350  
 Fax: (810) 342-5362



**1b. Neurologic Rehabilitation Institute**  
 G-3239 Beecher Road, Flint, MI 48532  
 Monday - Friday  
 Phone: (810) 342-4220  
 Fax: (810) 342-4436



**2. Flushing -**  
 Physical Therapy and Sports Medicine  
 2500 N. Elms Rd., Flushing, MI 48433  
 Monday - Friday  
 Phone: (810) 342-5550  
 Fax: (810) 342-5589



**3. Davison -**  
 Located at St. John Family Center  
 Physical Therapy and Sports Medicine  
 505 N. Dayton, Davison, MI 48423  
 Monday - Friday  
 Phone: (810) 658-5631  
 Fax: (810) 658-7732