

# McLaren Flint PATIENT Menu

## BREAKFAST

<b>Sunday</b>	<b>Baked French Toast**</b> <i>served with Banana Foster Topping*, Pork Sausage, Orange*, Skim Milk*, and Coffee</i>
<b>Monday</b>	<b>All American Breakfast</b> <i>Scrambled Eggs served with Pork Bacon, Breakfast Potatoes*, a Biscuit*, Orange Juice*, Skim Milk, and Coffee</i>
<b>Tuesday</b>	<b>Denver Scrambled Eggs</b> <i>(Eggs, Bell Peppers, Onions, and Ham) served with Breakfast Potatoes*, Pico de Gallo, a Banana**, Skim Milk*, and Coffee</i>
<b>Wednesday</b>	<b>Crepes with Blueberry Topping***</b> <i>served Scrambled Eggs, Skim Milk*, and Coffee</i>
<b>Thursday</b>	<b>Buttermilk Pancake**</b> <i>served with Apple Topping*, Scrambled Eggs, Skim Milk*, and Coffee</i>
<b>Friday</b>	<b>Vegetable Skillet*</b> <i>(Potatoes, Onions, Bell Peppers, Eggs, and Cheese), served with Pork Bacon, a Banana**, Skim Milk*, and Coffee</i>
<b>Saturday</b>	<b>All American Breakfast</b> <i>Scrambled Eggs served with Pork Bacon, Breakfast Potatoes*, a Biscuit*, Orange Juice*, Skim Milk, and Coffee</i>

## LUNCH

<b>Sunday</b>	<b>Oven Fried Chicken Sandwich**</b> <i>served with Mac and Cheese*, Grapes*, and Skim Milk*</i>
<b>Monday</b>	<b>White Chicken Chili*</b> <i>served with a Corn Muffin*, Side Salad, Peanut Butter Cookie**, and Skim Milk*</i>
<b>Tuesday</b>	<b>Lasagna Roll** topped with Meat Sauce</b> <i>served Zucchini and Tomatoes, a Garlic Breadstick*, Pineapple Chucks*, and Skim Milk*</i>
<b>Wednesday</b>	<b>Steak, Onion and Cheese Sandwich**</b> <i>served with Vinegar Coleslaw*, Unsalted Seasoned Kettle Chips*, and Skim Milk*</i>
<b>Thursday</b>	<b>Beef Pot Roast with a Demi-Glaze</b> <i>served with Oven Fried Potatoes**, Green Beans, a Roll*, Fresh Fruit Cup*, and Skim Milk*</i>
<b>Friday</b>	<b>Chicken Burrito Bowl***</b> <i>served with Tortilla Chips*, Salsa, and Skim Milk*</i>
<b>Saturday</b>	<b>Sloppy Joe***</b> <i>served with Coleslaw, Unsalted Seasoned Kettle Chips*, and Skim Milk*</i>

## DINNER

<b>Sunday</b>	<b>Penne Pasta** with Meat Sauce</b> <i>served with a Side Salad, Brownie***, and Hot Tea</i>
<b>Monday</b>	<b>Chicken Pot Pie**</b> <i>served with Maple Roasted Carrots*, a Roll*, Apple Crisp*, and Hot Tea</i>
<b>Tuesday</b>	<b>Beef Stroganoff</b> <i>served over Egg Noodles**, Herbed Carrots, a Roll*, Chocolate Chip Cookie**, and Hot Tea</i>
<b>Wednesday</b>	<b>Chicken Parmesan*</b> <i>served over Penne Noodles*, a Garlic Breadstick*, Side Salad, Banana Pudding**, and Hot Tea</i>
<b>Thursday</b>	<b>Chicken and Dumplings**</b> <i>served with Dill Carrots, a Roll*, Pudding Parfait*, Skim Milk*, and Hot Tea</i>
<b>Friday</b>	<b>Meatloaf* topped with Gravy</b> <i>served with Mashed Red Skin Potatoes* and Gravy, Corn*, Blueberry Crips**, and Hot Tea</i>
<b>Saturday</b>	<b>Rotisserie Chicken</b> <i>served with Wild Rice Pilaf****, Green Bean Casserole*, SF Citrus Jell-o, and Hot Tea</i>