

OBSTETRICIAN, FAMILY PRACTITIONER, OR MIDWIFE, THE CHOICE IS YOURS

Physicians specializing in obstetrics and gynecology provide quality care for mothers who are new or experienced with the childbirth process. The OB/GYN specialists and Family Medicine physicians have decades of experience and are known for their compassionate and personal care.

MIDWIVES

Midwifery is a family-centered childbirth option available to you at McLaren. A certified nurse midwife is educated in two disciplines, nursing and midwifery. Midwives serve as mentors and caregivers for women seeking active participation in the “normal, healthy process” of pregnancy and birth.

DESIGNATED OBSTETRIC OR

Cesarean births are performed on the maternity floor. A fully-equipped operating room is located within the Family BirthPlace unit to accommodate scheduled or emergency cesarean births. The baby’s father, or designated support person, is permitted to be with you during your baby’s birth.

NEONATOLOGIST ON STAFF

Should your newborn require special care, a neonatologist is available and on call 24 hours a day. The neonatologist attends all cesarean births as well as vaginal deliveries when needed. Because of these services, McLaren Flint is designated as a Level I nursery.

REGISTER OPTIONS:

For more information regarding various childbirth classes we offer at McLaren you can register:

- Online www.mclaren.org/flintbabyclasses
- Phone: (810) 342-4896
- Mail: The registration form and envelope give to you by your OB provider
Address: 401 S. Ballenger Hwy., Flint, MI 59532
Attention: Childbirth Educator



FLINT

Family BirthPlace

401 S. Ballenger Hwy. • Flint, Michigan 48532

(810) 342-2279

| mclaren.org/flintBirthPlace



FAMILY
BIRTHPLACE



FLINT

DOING WHAT'S BEST.®



CATERING TO YOU

At McLaren, we offer a personalized touch to dining service. A catering associate will visit you to read you the day's menu and assist you with your dining selections. Here, your catering associate is responsible for every aspect of your meal, ensuring accuracy and overall patient satisfaction.

BREASTFEEDING SUPPORT

Breastfeeding is the most natural choice for you and the most natural and nutritional choice for your baby. McLaren offers new mothers and babies a part-time, certified lactation counselor. She provides guidance at the bedside in the

Family BirthPlace and is available to answer questions and concerns over the phone. All of our LDRP nurses are also trained to offer guidance in breastfeeding. After you and your baby transition to life at home, questions may arise. The lactation counselor also offers private consultations in her office.

NEW BABY PHOTOS

We offer a professional photography service to assist in capturing babies first day(s) in the world.

FREE PERINATAL EDUCATION AND CHILDBIRTH CLASSES

Anticipating the birth of a baby is a very exciting time in your life. To prepare for this special event, McLaren has a number of special services and programs with you in mind.

PREPARATION FOR CHILDBIRTH-SATURDAY CLASS

A one-day intensive class includes physiology of labor and birth, relaxation techniques, comfort measures, as well as postpartum and family adjustments. Classes are held one Saturday a month.

NATURAL COMFORT TECHNIQUES

This class is designed to offer expectant mothers natural comfort techniques for an unmedicated delivery. Attendees will have the opportunity to try out some of the tools and techniques for pain relief and relaxation that can be used during labor and delivery.

BREASTFEEDING

This class is for mothers planning to breastfeed and for those who are undecided about a feeding method. A breastfeeding specialist covers topics such as positioning, feeding techniques, benefits, and solutions to common problems.

BABY CARE

This class focuses on topics related to general infant care, growth and development, parenting skills, family adjustments, safety concerns and more.