



Do You Have Patients Who Complain of Dizziness or Are a Fall Risk?

McLaren Therapy Services offers FREE Fall Risk Screenings.

Falling is not a normal part of aging. Unnecessary falls can lead to loss of independence, disability, hospitalization, or even death. At McLaren's Fall Prevention Program, our goal is to identify fall risk factors and provide treatment to prevent falls. Patients can call for an appointment to be screened for any fall risk factors. Results and recommendations will be reported back to their primary physician. Should a patient need further treatment, our trained specialists will contact his or her primary physician to discuss treatment options.

Our Balance Center offers:

- Balance training
- Vestibular rehabilitation
- Strengthening programs
- Home modification recommendations to reduce falls
- Education for Fall Prevention
- Customized home exercise programs

Contact Information

McLaren Therapy Services
G-3239 Beecher Rd., Flint
Phone: (810) 342-5350

Patient obtains relief from Vestibular disorder with vestibular treatment:

"I was skeptical that Karen would be able to help me, and I was worried about getting dizzy during therapy. After two treatment sessions, I am doing absolutely great, it is a miracle. I would tell anyone with this problem to at least give the treatment a try". - Joe Ledger of Flushing

He suffered from dizziness for most of his life. He couldn't remember not having dizzy spells. These spells were not consistent and they came and went without warning. Antivert helped the symptoms but he was concerned about the long term effects of the medication. He was referred to an ear, nose throat specialist who suspected BPPV. Vertigo can happen to anyone at any age but is more common in middle-aged men and women.

Karen Humphrey, PT at McLaren Flint, has treated Benign Paroxysmal Positional Vertigo (BPPV) and balance disorders in patients since 2002. She has just received her certification in Vestibular Rehabilitation. Symptoms of BPPV include: Spinning sensation, severe nausea and vomiting, which occur when patients look up, move the head quickly or turn over in bed. Over 90% of the BPPV patients obtain success after 1-2 treatments.



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