

**ROUX-EN-Y GASTRIC BYPASS
Post-op Day #1**

Diagnosis: Status Post Laparoscopic Gastric Bypass Open Small Pouch Gastric Bypass
Condition: _____

1. IV ORDERS:

- Continue IV fluid of Lactated Ringers with MVI (1amp) to 1st liter every day at _____ mL / hour
- Saline Lock

2. MEDICATIONS:

- Diphenhydramine (BENADRYL) 25 mg IVP at bedtime PRN for insomnia
- Ondansetron (ZOFRAN) 4 mg IVP times one dose
- Wean PCA / then discontinue
- Hydrocodone and Acetaminophen Elixir (LORTAB) 15 mL PO every 4 hours PRN pain
- May start oral meds (crushed)

3. DIET:

- Water / Ice only
- NPO
- Bariatric clear liquid diet; no concentrated glucose, non carbonated, 8 ounces/hour
If swallow study is OK by Radiologist and minimal nausea and vomiting, start clear liquid Bariatric diet

4. ACTIVITY: Ambulate with assistance in hallway 4 times per day

5. LABS:

- CBC
- BMP

6. DIAGNOSTICS:

- Chest X-ray

7. MISCELLANEOUS NURSING:

- Lung volume expansion: Continue with incentive spirometry 10 times per hour
- Remove all surgical dressings, if incisions draining, may cover with dry dressing
- Call Surgeon for SBP less than 100 or greater than 180
- Call PCP / Surgeon for pulse greater than or equal to 100 BPM for 2 hours
- Call Surgeon for Urine output less than 240 mL for 8 hours or less than 150 mL in 4 hours
- Intermittent Pneumatic Compression Device (IPC) on when not ambulating
- Discontinue urinary catheter if tolerating clear liquids and urine output is greater than or equal to 50 mL per hour
- If patient begins vomiting, call physician

8. Other Medications/Orders: _____

Physician Signature

Date (required)

Time (required)



PT.

MR.#/P.M.

DR.