



PREGNANCY TIMELINE.

WHAT TO EXPECT AT EACH VISIT

During pregnancy, there are a series of prenatal tests or exams ordered to ensure the health of mom and baby. The following is a general timeline of what tests or exams to expect during your pregnancy.* Additional tests (not listed) may be ordered at the discretion of your provider.

Initial appointment (6-8 weeks gestation)

- Urinalysis
- Breast exam
- Pap/pelvic & cultures
 - Chlamydia
 - Gonorrhea
- Complete Blood Count (CBC)
 - Hemoglobin/Hematocrit
 - Blood type/RH Factor
 - Syphilis
 - Rubella antibody
 - HIV
 - Hepatitis B
- Flu vaccination (seasonal and highly recommended)

OB intake visit (between 9-10 weeks gestation)

10 weeks gestation

- Verify/Cystic fibrosis

12 weeks gestation

- Heartbeat

Approximately 20 weeks gestation

- Anatomy ultrasound

26-28 weeks gestation

- Partial blood count (PBC)
 - Hemoglobin/Hematocrit
 - Antibody screen (RH neg)
 - Glucose tolerance test (GTT)
- RhoGAM injection (if patient is Rh-negative)

35-36 weeks gestation

- Group B strep
- Non-fetal stress test

Office visit schedule

- After first visit, every 4 weeks up to 28 weeks
- From 28-36 weeks, you will be seen every 2 weeks
- From 36 weeks to delivery, you will be seen weekly

Every visit you can anticipate

- Weight
- Blood pressure
- Urine dip test
- Growth of the uterus
- Baby's heartbeat
- Drug screen (per provider discretion)

*The American College of Obstetricians and Gynecologist (2015). Your pregnancy and childbirth month-to-month (six ed.). Washington, D.C.