



SAFE MEDICATIONS DURING PREGNANCY.

During pregnancy, it is important to know which medications are safe for you and your baby. Below are a list of approved medications that are available over-the-counter.*

Tylenol

Tylenol Extra Strength

Tylenol PM

Tums

Sudafed (avoid in first trimester)

Zantac

Zyrtec

Claritin

Robitussin

Cough drops

You cannot take any Aspirin or Aspirin containing product. If you are unsure of a medication or have questions, please call our office.

*According to the American Academy of Family Physicians

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