

**CORONARY ARTERY BYPASS GRAFT AND VALVE SURGERY  
DISCHARGE ORDERS TO HOMECARE AGENCY**

**DISCHARGE TO HOMECARE AGENCY:** \_\_\_\_\_

**CARDIAC SURGEON:** \_\_\_\_\_ **CARDIOLOGIST:** \_\_\_\_\_

**START OF CARE (SOC):**

- Begin care within 24 hours of discharge- RN to visit 2-3x per week for 4 weeks established by patient needs
- Install Telehealth at SOC (if available to agency)- **Send Telehealth report to Cardiologist and Cardiac Surgeon-** first week of care and biweekly- communicate any abnormal findings to surgeon
- Notify surgeon (see contact information below) if patient meets the following:
  - Weight gain greater than 2 lbs in 24 hours or greater than 5 lbs in a week
  - HR less than 55 or greater than 100
  - BP less than 90/55 or greater than 140/100
  - SPO<sub>2</sub> is less than 93% on room air

**ACTIVITY:**

- Apply lower extremity compression stockings/ TED Hose
- Elevate legs above heart level while at rest
- Ambulation 3-5 x per day, increase as tolerated while avoiding extremes in temperature
- No lifting/ pulling/ pushing greater than 5 pounds for 4 weeks
- Shower daily- NO tub baths until incisions are healed completely
- No driving for 4 weeks
- No lotions, creams, or powders on incisions

**VITALS:**

- Monitor weight daily, Contact a physician/ midlevel provider if 2lbs gained in 24 hours, or 5 lbs within a week

**RESPIRATORY:**

- Incentive spirometer x10 every hour- deep breathing and coughing on all patients

**LABS: Instructions:** Fax ALL results to surgeon's office (See below for contact information)

- CBC, CMP (RUN AS STAT)- day 3 at home
- PT/INR every Mon, Wed, Fri, if D/C'd on Coumadin     PT/INR \_\_\_\_\_

**WOUND CARE:**

- Suture removal- 2 weeks post operatively
- Staple removal- 10 days post operatively
- Breast support/ Heart hugger- continue use

**MEDICATIONS/ EDUCATION:**

- Complete medication reconciliation with education as needed at first home visit
- Continue education using materials given to patient during hospital stay

**MISCELLANEOUS:**

Contact surgeon/ midlevel provider with post- operative concerns and/ or readmission to hospital

- Frederick Armenti, MD- Phone: (810) 733- 6530, FAX: (810) 733-6737
- Anup Sud, MD- Phone: (810) 733- 2482, FAX: (810) 733-2482
- Fouad Azoury, MD, Sanjay Batra, MD, Omar Habib, MD, James Martin, MD- Phone: (810) 342-2590, FAX (810) 342-2591
- Leslie Clason, NP and Teri Kinney, NP- Phone: (810) 342-2590, FAX (810) 342-2591

**SPECIAL INSTRUCTIONS:** \_\_\_\_\_

\_\_\_\_\_  
Physician Signature  
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\_\_\_\_\_  
Date (required)

\_\_\_\_\_  
Time (required)



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PT.  
MR.#/P.M.  
DR.