

I'm not feeling well, where should I go for help?

McLaren Central Michigan is an epicenter of health care for the community. As your hometown resource for all of your families health care needs, we want to be your first call when you're not feeling well. Now that you are a member of the McLaren family, we will treat you as one of our own. Please be assured if you call our office at any time, we will be there to offer you personalized care. With same-day or next-day availability, our goal is to get you the care you need when you need it most.

Primary care provider

Your primary care provider (PCP) should be your first point of contact for all of your non-emergent health care needs. PCPs help you manage your overall, long-term health while maintaining your personal health care history. These physicians are focused on:

- ✧ Promoting your ongoing health and disease prevention
- ✧ Performing or scheduling annual exams and screenings
- ✧ Coordinating care with specialty physicians as needed
- ✧ Diagnosing and managing chronic conditions such as diabetes, high blood pressure and cholesterol
- ✧ Ensuring vaccines are up to date

Urgent Care

McLaren Central ReadyCare is available for patients who need prompt care for minor illnesses or injuries including but not limited to:

- ✧ Sprain or strain
- ✧ Cuts/Rash
- ✧ Minor burns
- ✧ Work-related injury
- ✧ Severe stomach pain

Emergency Room

The emergency department is your hub for life-threatening illness and injuries. **If you are experiencing any of the following, immediately go to your nearest emergency department or call 911:**

- ✧ Difficulty breathing, shortness of breath
- ✧ Chest or upper abdominal pain lasting more than several minutes
- ✧ Fainting, dizziness, weakness or lack of mobility
- ✧ Confusion, changes in mental status or suicidal feelings
- ✧ Uncontrolled bleeding
- ✧ Severe or persistent vomiting or diarrhea
- ✧ Coughing or vomiting blood
- ✧ Poisoning
- ✧ Head or neck injury