

FLINT

INPATIENT REHAB

EXPECTATIONS

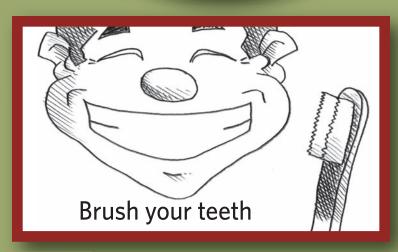


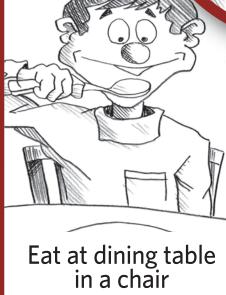
your own clothes

To get the most out of your Inpatient Rehab experience, and help prepare you to go home, here are some activities you should do every day:













These activities will physically and mentally prepare you for home. Eating together in a group setting allows for socialization, exercising your thinking skills through conversation, encouraging one another, and encouraging increased food intake if at nutritional risk (as shown by studies).