


McLaren Macomb “RENEW” Program Cancer Rehabilitation

Rehab *Exercise Nutrition Education and Wellness*



At McLaren Macomb we are committed to helping cancer survivors function at the highest level possible. Whether newly diagnosed or finished with treatment, our team of experts help survivors who are experiencing side effects or unresolved issues from cancer treatment. We will help you “RENEW” your life and start on the path to wellness.

Our cancer rehab team consists of physical therapists (with lymphedema certification), occupational therapists and speech-language pathologists. Our therapists have been trained in the latest oncology rehab care while implementing research based treatments that have been proven to help cancer survivors optimally heal and function.

Program Outcomes include:

- Reduced fatigue, fear and anxiety
- Having more energy
- Ability to walk further distances
- Reduced pain and joint stiffness
- Improved balance and strength
- Reduced long term effects of chemotherapy
- Improved swallowing function
- Better memory
- Reduced lymphatic swelling
- Wellness and Exercise Classes Available

To schedule a physical therapy, occupational therapy, or speech therapy appointment, please call (586) 992-9032. We have three locations to serve you:

•Clinton Township
16 & Gratiot

•Shelby Township
26 Mile & Van Dyke

•Lenox Township
31 Mile & Gratiot