

I'M NOT FEELING WELL, WHERE SHOULD I GO FOR HELP?

McLaren Macomb is an epicenter of health care for the community. As a hometown resource for your family's health care needs, we want to be your first call when you're not feeling well. With same-day or next-day appointments often available, we strive to provide you with prompt, personalized care.

Primary Care Provider

Your primary care provider (PCP) should be your first point of contact for all non-emergent health care needs. PCPs help manage overall, long-term health while maintaining your personal health care history. These providers are focused on:

- Promoting your ongoing health and disease prevention
- Performing or scheduling annual exams and screenings
- Coordinating care with specialty physicians as needed
- Diagnosing and managing chronic conditions such as diabetes, high blood pressure and cholesterol
- Ensuring vaccines are up to date

Urgent Care

Several McLaren providers offer same day appointments. If you have a non-life-threatening illness or injury, but cannot wait until your PCP can see you, urgent care is available. Urgent care staff treats conditions including, but not limited to:

- Sprains and strains
- Infections, including urinary tract or respiratory infections
- Minor cuts with controlled bleeding
- Colds, coughs and sore throat
- Flu symptoms and/or fever
- Skin rashes and minor injuries

Emergency Room

The emergency department is your hub for life-threatening illness and injuries. If you are experiencing any of the following, immediately go to your nearest emergency department, or call 911.

- Symptoms of a stroke, including sudden numbness in an extremity
- Symptoms of a heart attack, including chest pain and/or shortness of breath
- Seizures or loss of consciousness
- Severe injuries, such as fractures or head trauma
- Vomiting or coughing up blood
- Bleeding that won't stop or deep cuts
- Severe burns
- Severe abdominal pain



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