



BREASTFEEDING SUPPORT

We know that having support with breastfeeding can be critical to your success. That's why we have a trained lactation consultant on staff who is available Monday through Friday during normal business hours. Our nurses are also trained to provide support if the lactation consultant is unavailable.

Our lactation consultant is also available to assist even after you are discharged from the hospital. If a mother is having difficulty nursing at home, she can return to the hospital and meet with a lactation consultant – free of charge.



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LABOR AND DELIVERY





A BETTER BIRTHING EXPERIENCE

Our Family BirthPlace is a great choice for delivering your baby. Our trained staff is here for you and your family every step of the way.

DURING YOUR PREGNANCY

We are here for all of your emergent pregnancy-related concerns from 20 weeks of pregnancy through delivery. If you are concerned that something is not right during your pregnancy, come in to our triage. You can expect a typical triage evaluation to take two to five hours depending on the concern.

We will need to evaluate you before we allow you to eat or drink. Please ask a nurse before eating or drinking during your triage

visit for your safety and so that you do not delay any testing that may be needed.

Schedule a BirthPlace tour and have the chance to see the labor and postpartum rooms and familiarize yourself with the hospital before you deliver your baby. Tours are available Monday evenings at 6 p.m. and start in the Women and Children's Center lobby entrance.

DURING YOUR LABOR

During your labor, our physicians require that your diet be limited to ice chips. This is for your safety in the event of an emergency with your delivery. However, we welcome birth plans and special requests. We strive to honor your birth preferences, while keeping both you and your baby safe. Feel free to bring pillows or other items from home for your added comfort. We will work with you to keep any pain or

discomfort well controlled during your visit.

Visitors are required to either be in the patient's room or to wait in the waiting room. We do not allow them to wait in the halls due to privacy laws and the fire code. Please plan care for your other children. There must be an adult present with children at all times. You are a patient and cannot be responsible for others during your stay with us. Patients who are in labor will be allowed visitors in the labor room at any time during labor upon the patient's verbal consent as long as the visitors do not interfere with patient care.

AFTER DELIVERY AND NEWBORN NURSERY

Once your baby has been delivered, you will be moved from your labor room to a post-partum room. Your newborn will remain in the room with you at all times except for tests and procedures or in the event your newborn requires special care. Rooming in encourages bonding and breastfeeding. Our nurses are available to support you throughout your stay if you need assistance.

We are happy to provide diapers, wipes, blankets and shirts for your baby during your stay. We also provide pads and panties for mom's convenience. Please be sure to pack an outfit and blankets for your baby to go home in.

Our in-house pediatricians will care for your newborn while you are in the hospital. Please select a pediatrician or family practice physician for follow-up. You will want to call prior to delivering and confirm that your pediatrician is accepting new patients.