

PREPARING FOR DISCHARGE

Taking Care of Me



OAKLAND

50 N. Perry Street
Pontiac, MI 48342

mclaren.org/oakland



OAKLAND

TAKING CARE OF ME
Preparing for Discharge
 at McLaren Oakland

Name: _____

I am going home: _____

This booklet is to help you get ready for discharge. A nurse will go through each page with you and your family when your discharge is written.

If you have questions, write them down and we will do our best to answer them.

Bring this booklet with you when you go to your follow up doctors' appointments.

**WHAT OTHER MEDICINES
 CAN I TAKE?**

	Medicine name and amount	How much do I take?	How do I take this medicine?
If I need medicine for a headache			
If I need medicine to stop smoking			
If I need medicine for _____			
If I need medicine for _____			
If I need medicine for _____			
If I need medicine for _____			
If I need medicine for _____			
If I need medicine for _____			
If I need medicine for _____			
If I need medicine for _____			
If I need medicine for _____			

