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Varicose Vein Treatment

Safe options to help you look and feel better





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What are varicose veins?

Varicose veins are swollen, twisted and sometimes painful veins that have filled with abnormal amounts or "pools" of blood. Varicose veins affect more women (40 percent) than men (25 percent), and they occur most frequently in the legs but can be found in other locations of the body.

- > Common causes of varicose veins include:
- > Heredity
- > Birth defects
- Pregnancy
- Thrombophlebitis (vein inflammation related to blood clots)
- > Standing for extended periods of time

McLaren physicians treating varicose veins

McLaren Mid-Michigan Physicians Cardiology



Peter Burke, MD

McLaren Cardiothoracic & Vascular Surgeons







Joseph Cotroneo, MD



Easy, effective treatments

Millions of Americans suffer from varicose veins, but there's no need to live with this painful and unsightly condition. At McLaren, we offer both surgical and non-surgical options to effectively treat embarrassing varicose veins, including an advanced laser procedure.

Besides being extremely safe, our treatments last only about an hour and require very little recovery time. What's more, they may be covered by your insurance.

When to see a physician

There are things you can do on your own to control your varicose veins. However, if you experience any of the following symptoms, it's time to call the experts at McLaren:

- > Your varicose veins become painful
- Your varicose veins worsen or do not improve with self-treatment techniques, such as keeping your legs elevated or avoiding standing for too long.
- You have a sudden increase in pain or swelling, fever, redness of the leg or leg sores.