APPOINTMENT INFORMATION

Date of procedure:
Registration time:
Procedure time:

Plan to have someone drive you home.

Unless otherwise directed, have nothing to eat or drink after midnight the day prior to your scheduled procedure.

If you are diabetic, consult your physician for specific instructions on insulin usage.

You should check with your doctor regarding which medications you should take the day of the procedure.

If you have additional questions regarding this procedure, call the physician who is scheduling the test, or call the Pulmonary Laboratory at (517) 975-7041.

To schedule an appointment, call (517) 975-6653.



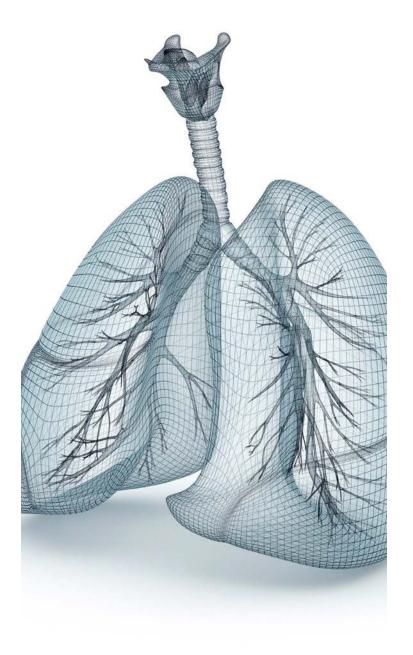
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MGL-40060-2 (5.19)

BRONCHOSCOPY





A STATE-OF-THE-ART DIAGNOSTIC RESPIRATORY PROCEDURE

What is involved in the bronchoscopy procedure?

A bronchoscopy exam is a way of determining if there are any lung abnormalities. The physician will be uses a lighted, flexible instrument to look at all areas of the lungs and obtain specimens and biopsies for laboratory analysis to help diagnose any lung condition that may be present.

Before the procedure

Do not eat or drink anything after midnight the night before the bronchoscopy, or as otherwise instructed.

On the day of your procedure, please register at admitting in the Chi Heart & Surgery Center on the first floor of the main hospital. After registration, you will go to the Same Day Surgery Center on the third floor. A nurse will ask you to sign a form giving your consent for the procedure and any other steps found necessary during the bronchoscopy.

Before your procedure, an intravenous drip (IV) may be started so medication can be easily given during the bronchoscopy. You will be escorted to the bronchoscopy room 30 minutes prior to the procedure's start time.

Members of your family will be asked to wait in a designated waiting area.

During the procedure

The bronchoscopy room has an X-ray machine, a heart monitor, an oxygen monitor, and a blood pressure monitor. There, a respiratory therapist will explain the procedure and assist the physician with the bronchoscopy.

You are encouraged to ask any questions that will help you understand your procedure.

You will be asked to remove glasses, dentures, or other dental appliances. Next, you will be given a breathing treatment that contains a local anesthetic to numb the airways and make you more comfortable.

When the doctor arrives, you will be given medication through your IV to help you relax and sleep. The bronchoscope is guided through your nose and into your lungs by the physician.

After the procedure

After the procedure is complete, the RN will prepare you for discharge directly from the bronchoscopy suite. Sometimes a chest X-ray is ordered after the bronchoscopy. You will be monitored until the anesthesia has worn off, which usually takes about two hours.

Note: You cannot eat or drink during this time.

Your throat may hurt slightly after the procedure, and it is not uncommon for a patient to cough up some blood. Increased shortness of breath or large amounts of fresh blood coughed up should be reported to your nurse.

Arrange to have a family member or friend drive you home. The results of the bronchoscopy will be shared with you by your physician.



Interventional bronchoscopy

McLaren Greater Lansing, in conjunction with pulmonary physicians, offers the newest techniques for bronchoscopy procedures. The procedures are referred to as cryotherapy, argon therapy, and electrocautery therapy. These specialized procedures are indicated for specific airway conditions. Your physician may discuss these options with you.

For more information, call (517) 975-7041.