



Therapy services can help reduce pain and restore function and independence for those who have undergone surgery, suffered an injury, are recovering from serious illness, or are coping with a chronic condition.

Treatment begins with a physician's prescription and a comprehensive evaluation by an experienced Therapist who will work with the patient on a specific care plan.



Visit mclaren.org/caroregion
or call (989) 672-5112

465 N. Hooper Street
Caro, Michigan 48723

Physical Therapy Hours:
Monday - Friday
7:00 am - 4:30 pm



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CR-002 (06.18)



PHYSICAL AND OCCUPATIONAL THERAPY



CARO REGION





PHYSICAL THERAPY

Physical Therapy focuses on improving movement and function, reducing pain, and increasing independence for people of all ages.

Physical Therapy treats a variety of conditions and diagnoses, including, but not limited to:

- Back and neck pain relief and prevention
- Strains, sprains, and fractures
- Arthritis
- Balance and vestibular problems
- Repetitive stress injuries
- Tendonitis
- Strength and range of movement therapies
- Migraine reduction techniques
- Vertigo, dizziness, and balance therapy
- Pre- and post-operative total joint replacement training
- Plantar fasciitis
- Pelvic floor therapy including incontinence and pelvic pain therapies

OCCUPATIONAL THERAPY

Occupational Therapy focuses on the performance of daily activities and the utilization of adaptive methods when needed to restore independence.

Occupational Therapy treats a variety of conditions and diagnoses, including, but not limited to:

- Stroke and neurological care
- Post-Stroke Rehabilitation
- Hand therapy (arthritis, general hand orthopedics, cumulative trauma disorders)
- Neurological Condition Treatment (Parkinson's, Huntington's, MS)
- Activities of daily living assessments
- Body mechanics/ergonomics education and training
- Rehabilitation kitchen
- Memory and problem solving
- Adaptive equipment assessment and training
- Physical Agent Modalities (ultrasound, electrical stimulation, paraffin)

RESTORE FUNCTION AND INDEPENDENCE

When daily life is adversely affected through aging, trauma, or disease, Physical and Occupational Therapy can help you regain strength and skills, restore function, and maximize quality of life.

FREE 15 MINUTE SCREENINGS

If you feel you may need Physical or Occupational Therapy, contact us to schedule a free consultation.

FREE FALL & BALANCE ASSESSMENTS

If you experience loss of balance, frequent falls, or feel you may be at risk for either, call us to schedule a free assessment.

Free screenings and assessments are offered to determine whether Physical or Occupational Therapy are appropriate for your condition. If either are deemed necessary, your physician will be contacted.

RENUE 60 PROGRAM

We offer a free 60 day independent maintenance program for patients after treatments have been completed.



**McLAREN CARO REGION
RENUE PHYSICAL THERAPY**