



LAPEER REGION



For more information about our program,
please call (810) 667-5673.

RESPIRATORY HOME THERAPY

1375 N. Main Street
Lapeer, MI 48446
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mclaren.org/lapeerregion

L-110 (7.18)

At-home management for COPD.



DOING WHAT'S BEST.



HOME MANAGEMENT OF COPD

ABOUT THE PROGRAM

McLaren Lapeer Region offers at-home therapy for suffers of chronic obstructive pulmonary disorder (COPD). The program offers a continuation of patient monitoring in the home setting, arranging appropriate follow-up appointments, proper medication reconciliation and use, ongoing monitoring of lung function with empowerment of self-escalation of therapy, and providing education and recommendations designed to ensure the home environment is safe from environmental triggers.

PATIENT AND FAMILY EDUCATION

The program allows the respiratory therapist the ability to monitor symptoms, provide patient and family education on signs and symptoms of worsening COPD, and when and how to independently escalate current therapy as well as notifying primary care physicians and pulmonary specialists when needed.

Therapists will focus on critical educational components including:

- Common triggers of COPD and how to manage them to reduce flare-ups and hospitalizations

- Medication compliance including instructions on proper use of inhalers and SVN's in conjunction with administration frequency
- Adherence to medication regimen in management of COPD
- Proper use of CPAP and BiPAP
- Understanding of peak flow meters as a measure of worsening lung function and empowerment to escalate therapy before a visit to the Emergency Department
- Proper breathing techniques
- The role of diet and fluid intake on lung function and breathing
- Proper use of oxygen and oxygen therapy precautions
- Available community resources such as pulmonary rehab

PATIENT ELIGIBILITY

If you've been diagnosed with COPD, you are eligible for this program at no additional cost.

A therapist will present the program to your bedside and, upon consent, will make arrangements to visit your home approximately 48 hours after discharge.