



FLINT

Brief Alcohol Intervention

Current Stage of Change: Precontemplation Contemplation Preparation Action Maintenance

Patient response to the quantity and frequency of alcohol consumption:

Negative Physical Impact:

Short-Term Effects: Vomiting Diarrhea Stomach Disturbances Anemia Blackouts Other _____

Long-Term Effects: Intentional Injuries High Blood Pressure Liver Disease Nerve Disease Gastritis Ulcers
 Vitamin B1 Deficiency Sexual Dysfunction Heart Disease Stroke Malnutrition

Negative Emotional Impact:

- Changes in Mood Change in Personality Change in Sleep Increase Depression Increase Anxiety
- Mood Swings Decrease Short-Term Memory Decrease Long-Term Memory Angry Outburst

Occupational Concerns:

- Increase on-the-job injuries Decrease Productivity Time & Attendance Issue Work Performance Concerns

Brief summary of the joint decision making process regarding alcohol use and plans for follow-up:

- Brief Intervention Completed Patient Refused Brief Intervention

Referral made for outpatient substance abuse counseling: Yes Refused

Referral made for intensive outpatient substance abuse counseling: Yes Refused

Referral made for inpatient/residential substance abuse treatment: Yes Refused

Employee Signature: _____ Date: _____ Time: _____



PT.

MR./#P

DR.