



CARO REGION

DOING WHAT'S BEST.®

Visit [mclaren.org/caroregion](http://mclaren.org/caroregion)  
or call (989) 672-5112

465 N. Hooper Street  
Caro, Michigan 48723

Physical Therapy Hours:  
Monday - Friday  
7:00 am - 4:30 pm



[www.renuopt.com](http://www.renuopt.com)  
Fax: (989) 673-3005



Visit Renue on Facebook

CR-002-B (10.18)



PHYSICAL  
THERAPY



CARO REGION





## PHYSICAL THERAPY

Physical Therapy focuses on improving movement and function, reducing pain, and increasing independence for people of all ages. Physical Therapy treats a variety of conditions and diagnoses, including, but not limited to:

- Back and neck pain relief and prevention
- Strains, sprains, and fractures
- Arthritis
- Balance and vestibular problems
- Repetitive stress injuries
- Tendonitis
- Strength and range of movement therapies
- Migraine reduction techniques
- Vertigo, dizziness, and balance therapy
- Pre- and post-operative total joint replacement training
- Plantar fasciitis
- Pelvic floor therapy including incontinence and pelvic pain therapies

## RESTORE FUNCTION AND INDEPENDENCE

When daily life is adversely affected through aging, trauma, or disease, Physical Therapy can help you regain strength and skills, restore function, and maximize quality of life.

## FREE 15 MINUTE SCREENINGS

If you feel you may need Physical or Occupational Therapy, contact us to schedule a free consultation.

## FREE FALL & BALANCE ASSESSMENTS

If you experience loss of balance, frequent falls, or feel you may be at risk for either, call us to schedule a free assessment.

Free screenings and assessments are offered to determine whether Physical or Occupational Therapy are appropriate for your condition. If either are deemed necessary, your physician will be contacted.

## RENUE 60 PROGRAM

We offer a free 60 day independent maintenance program for patients after treatments have been completed.

Therapy services can help reduce pain and restore function and independence for those who have undergone surgery, suffered an injury, are recovering from serious illness, or are coping with a chronic condition.

Treatment begins with a physician's prescription and a comprehensive evaluation by an experienced Therapist who will work with the patient on a specific care plan.