





RESCUE MEDICATIONS

Picture	Brand Name Generic Name	Typical COPD Dosing	Instructions for Use
Short-acting Antimuscarinics or Anticholinergics (SAMAs)			
	Atrivent HFA <i>Ipratropium</i>	Two inhalations every four to six hours, as needed or scheduled	Inhale slowly and deeply.
	<i>Ipratropium</i> (generic only)	One unit dose vial by oral nebulization every six to eight hours, as needed or scheduled	Taken as a nebulization.
Short-acting Beta-2 Agonists (SABAs)			
	ProAir HFA <i>Albuterol</i>	Two inhalations every 4-6 hours, as needed or scheduled	Inhale slowly and deeply.
	Proventil HFA <i>Albuterol</i>	Two inhalations every 4-6 hours, as needed or scheduled	Inhale slowly and deeply.
	Ventolin HFA <i>Albuterol</i>	Two inhalations every 4-6 hours, as needed or scheduled	Inhale slowly and deeply.
	AccuNeb <i>Albuterol</i>	One unit dose vial by oral nebulization every 4-6 hours, as needed or scheduled	Taken as a nebulization.
	Xopenex HFA <i>Levalbuterol</i>	Two inhalations every 4-6 hours, as needed or scheduled	Inhale slowly and deeply.
	Xopenex <i>Levalbuterol</i>	One unit dose vial by oral nebulization three times a day, as needed or scheduled	Taken as a nebulization.
Long-acting Anticholinergic + Short-acting Beta-2 Agonist			
	Anoro Ellipta <i>Umeclidinium + Vilanterol</i>	One inhalation once daily	Inhale slowly and deeply. Make sure not to block the air vent on the inhaler.
Short-acting anticholinergic + Short-acting Beta-2 Agonist			
	Combivent Respimat <i>Ipratropium + Albuterol</i>	One inhalation four times a day, as needed or scheduled	Respimat® cartridge needs to be loaded before first use. When using, inhale slowly and deeply.
	DuoNeb <i>Ipratropium + Albuterol</i>	One unit dose vial by oral nebulization four times a day, as needed or scheduled	Taken as a nebulization.

Last Updated: 03/05/2018

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My Inhaled Medications

My Scheduled Medications

My Rescue Medications

General instructions for most inhaled medications:

- Read the specific instructions provided for your medication(s). Talk to your pharmacist or doctor if you are unsure of how to use any medication.
- Check the dose counter to see how many doses you have remaining. Call your pharmacy for a refill when you have a week's supply of medication left.
- Breathe out away from the inhaler.
- Place the mouthpiece in your mouth and close your lips around it to form a seal.
- Inhale following instructions for your specific inhaler.
- Hold your breath for 5-10 seconds or as long as you are able.
- Breathe out away from the inhaler through your nose.
- Rinse out your mouth following each use. This is especially important for the inhaled corticosteroid medications.

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Last Updated: 03/05/2018

M-2662

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CONTROLLER MEDICATIONS

Picture	Brand Name Generic Name	Typical COPD Dosing	Special Instructions for Use
Corticosteroids			
	QVAR HFA <i>Beclomethasone</i>	One inhalation twice daily	Inhale slowly and deeply.
	Pulmicort Flexhaler <i>Budesonide</i>	One inhalation twice daily	Twist bottom of inhaler as far as it will go in one direction, then twist all the way back in the other direction. Inhale quickly and deeply.
	Flovent HFA <i>Fluticasone</i>	One to two inhalation(s) twice daily	Inhale slowly and deeply.
	Flovent Diskus <i>Fluticasone</i>	One inhalation twice daily	Inhale quickly and deeply.
COMBINATION PRODUCTS			
Long-acting Anticholinergic + Long-acting Beta-2 Agonist			
	Stiolto Respimat <i>Tiotropium + Olodaterol</i>	Two inhalations once daily	Respimat® cartridge needs to be loaded before first use. When using, inhale slowly and deeply.
	Bevespi Aerosphere <i>Glycopyrrolate + Formoterol</i>	Two inhalations twice daily	Inhale slowly and deeply.
	Utibron Neohaler <i>Indacaterol + Glycopyrrolate</i>	Inhale the contents of one capsule using the Neohaler® twice daily	Tilt mouthpiece upward to open. Place one capsule into Neohaler® capsule chamber and close inhaler. Press both buttons once until you hear a click, then release. Inhale quickly and deeply. Open inhaler and see if there is any powder left. If there is, close inhaler and inhale again. Remove and discard used capsule.
Corticosteroid + Long-acting Beta-2 Agonist			
	Breo Ellipta <i>Fluticasone + Vilanterol</i>	One inhalation once daily	Inhale slowly and deeply. Make sure not to block the air vent on the inhaler.
	Dulera <i>Mometasone + Formoterol</i>	Two inhalations twice daily	Inhale slowly and deeply.
	Symbicort Rapihaler <i>Budesonide + Formoterol</i>	Two inhalations twice daily	Inhale slowly and deeply.
	Advair Diskus <i>Fluticasone + Salmeterol</i>	One inhalation twice daily	Inhale quickly and deeply.

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CONTROLLER MEDICATIONS

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Long-acting Anticholinergics or Antimuscarinics (LAMAs)			
	Spiriva HandiHaler <i>Tiotropium</i>	One dose (two inhalations per capsule) once daily	Place one capsule in the Handihaler® device and close mouthpiece. Inhale quickly and deeply – you should hear a rattle as you breathe in.
	Spiriva Respimat <i>Tiotropium</i>	Two inhalations once daily	Respimat® cartridge needs to be loaded before first use. When using, inhale slowly and deeply.
	Turdoza Pressair <i>Acclidinium</i>	One inhalation twice daily	Press and release green button before putting inhaler in mouth. Make sure control window changes from red to green to indicate that the medication is ready to use. Inhale slowly and deeply. DO NOT HOLD GREEN BUTTON WHILE INHALING. The control window should change from green to red to show that all the medicine was inhaled correctly.
	Incruse Ellipta <i>Umeclidinium</i>	One inhalation once daily	Inhale slowly and deeply. Make sure not to block the air vent on the inhaler.
Long-acting Beta-2 Agonists (LABAs)			
	Serevent Diskus <i>Salmeterol</i>	One inhalation twice daily	Inhale quickly and deeply.
	Brovana <i>Arformoterol</i>	One unit dose vial by oral nebulization twice daily	Use with a nebulizer. Treatment takes about 5-10 minutes.
	Foradil Aerolizer <i>Formoterol</i>	Inhale the contents of one capsule using the Aerolizer® twice daily	Turn mouthpiece to open. Place capsule in base chamber of Aerolizer® and close. Inhale quickly and deeply. Open mouthpiece and discard used capsule.
	Perforomist <i>Formoterol</i>	One unit dose vial by oral nebulization twice daily	Use with a nebulizer. Treatment takes approximately 10 minutes.
	Arcapta Neohaler <i>Indecaterol</i>	Inhale the contents of one capsule using the Neohaler® once daily	Tilt mouthpiece upward to open. Place one capsule into Neohaler® capsule chamber and close inhaler. Press both buttons once until you hear a click, then release. Inhale quickly and deeply. Open inhaler and see if there is any powder left. If there is, close inhaler and inhale again. Remove and discard used capsule.
	Striverdi Respimat <i>Olodaterol</i>	Two inhalations once daily	Respimat® cartridge needs to be loaded before first use. When using, inhale slowly and deeply.

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