

mclaren.org/northernim  
231-487-9702 **SCHEDULING**

231-487-2460 **MAIN**

231-487-6596 **FAX**

844-321-1557 **BILLING**

NM-002 (04.24)

## Appointment Reminder Card



**NORTHERN MICHIGAN**

### **Internal Medicine**

560 W. Mitchell St., Suite 300  
Petoskey, MI 49770  
mclaren.org/northernim

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**has an appointment with**

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*Internal Medicine is a fragrance-free environment.*

- No fasting necessary.
- You are scheduled for a **FASTING** appointment.
  - Nothing by mouth 8-12 hours prior to appointment except black coffee or tea (no sweeteners or cream).
  - Drink plenty of water to keep hydrated.
  - Take medications as directed.
- Your provider will order additional lab work, if necessary, following your visit.

*Bring a current medication list to every appointment. Verifying your medication supply and checking for refills will be required.*