

# COUMADIN (Warfarin)

## Anticoagulant

### WHAT DOES IT TREAT?

Blood thinner used to prevent clots from forming or growing larger in the blood and blood vessels

Prescribed for people with irregular heart beat (such as A-fib), prosthetic heart valves, and those who have had a heart attack

### MOST COMMON SIDE EFFECTS:

*(Discuss with your doctor if these worsen or persist)*

Excessive bleeding (if you cut yourself), gas, change in the way things taste, tiredness, pale skin, loss of hair, feeling cold or chills

### SPECIAL INSTRUCTIONS:

Consistent diet of vitamin K containing foods such as spinach or cranberry juice

Blood will need to be drawn to evaluate levels (PT/INR) to ensure blood is thin enough to be effective