



PATIENT AND FAMILY-CENTERED CARE

The Family Birthing Center at McLaren Macomb is committed to providing the highest quality of clinical expertise and care.

Know that you are the most important member of your medical team and will be encouraged to participate in a positive birthing experience that emphasizes:

- Meaningful communication and shared decision making
- Continuous care partner interaction
- Family-friendly visitation hours
- Quiet, soothing environment

Our patient and family-centered care model is unique to the delivery of health care for moms-to-be.



MACOMB

DOING WHAT'S BEST.

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FAMILY BIRTHING CENTER



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QUALITY OBSTETRIC CARE

The McLaren Macomb Family Birthing Center is proud of its team of outstanding doctors and certified nursing staff who deliver a safe, personalized birth experience for every mom and newborn. Our goal is to provide family-centered quality care that exceeds your expectations. That's why we incorporate your family values, knowledge and cultural background to provide individualized care.

BIRTHING SUITES

To ensure a comfortable and positive childbirth experience, the McLaren Macomb Family Birthing Center provides an inviting setting for childbirth, including 15 private birthing suites. These spacious modern rooms allow labor, delivery, recovery and postpartum phases to take place in one location.

SUITE FEATURES

- Fetal monitoring system allows staff to observe the baby's vital signs from several locations throughout the Family Birthing Center
- Two surgical suites are available for women having cesarean sections
- Private bathroom, rocking chair, flat-screen TV and FREE hospital Wi-Fi
- Comfortable overnight accommodations for your support person

PERSONALIZED CARE SERVICES

From arrival until departure, personal patient care gets top priority in the McLaren Macomb Family Birthing Center. Every patient can expect to receive quality care in a soothing and positive environment.

- Doctors and nurses use a clinical information system that integrates documentation and fetal surveillance
- A full-time certified lactation consultant is available to assist new moms who plan to breastfeed
- A staff pediatrician is available in-house at all times to provide any needed newborn care
- A staff obstetrician is available at all times
- Anesthesiologists are available 24 hours a day
- Case management and social work services are available
- A hearing screening is provided to all newborns
- Hepatitis B immunizations are offered with parental consent

SPECIAL CARE NURSERY

Specially trained nursing staff care for premature infants and babies requiring more intensive levels of care. A board-certified neonatologist is available around the clock.

INFANT SECURITY

We take precautions to ensure the safety and security of our newborns throughout their stay.

Both the Family Birthing Center and the Special Care Nursery are secure areas and are not open to the public. Only pre-verified parents and visitors are allowed entry.

Constant and reliable security of newborns is provided. Every infant wears a small tag on the ankle that is automatically connected to a security system the moment it is attached. All exits are protected by door monitors.

FAMILY BIRTHING CENTER TOURS

An expectant mother knows that selecting a hospital for the delivery of her baby is an important decision—one that will be remembered for a lifetime.

Take a FREE narrated walking tour of the Family Birthing Center maternity unit, including our spacious private birthing suites, and see first-hand what it's like to deliver your baby at McLaren Macomb. Tours can be taken during your pregnancy or prior to becoming pregnant.

CLASSES FOR PARENTS-TO-BE

Most parents feel better prepared if they learn about pregnancy and the birthing process prior to the arrival of their baby. The Family Birthing Center at McLaren Macomb offers classes to prepare parents-to-be for their delivery and hospital stay.

GETTING READY FOR BIRTH

These classes focus on five aspects of the birthing process: phases of labor and delivery, comfort strategies, medical procedures, breathing and relaxation conditioning, and the postpartum period.

INTRODUCTION TO BREASTFEEDING

In addition to a review of the anatomy and physiology of breastfeeding (lactation), this class explores current techniques and preparations that foster successful breastfeeding.

INFANT CARE AND SAFETY

New parents, adoptive parents, grandparents, teenage siblings and other caregivers will learn basic childcare and safety for the baby's first year.

All classes are held at McLaren Macomb. Nominal class fees apply and cover costs of class materials. Convenient, online registration for classes and tours is required and be found at [eventbrite.mclarenmacomb.com](https://www.eventbrite.com). Visit [mclaren.org/deliveringdaily](https://www.mclaren.org/deliveringdaily) for more information about the McLaren Macomb Family Birthing Center.