



BREAST CANCER

Breast cancer is the number one cancer in women. Breast cancer is both life-threatening and life-changing. However, when breast cancer is detected in its early stages, chances of surviving the disease are greatly improved. The five-year survival rate for breast cancer when detected in its early stages is 98 percent.

AMERICAN CANCER SOCIETY GUIDELINES FOR WOMEN AT AVERAGE RISK FOR BREAST CANCER (2017)

- Age 40–44: Offer women the choice to begin annual screening
- Age 45–54: Annual mammogram
- Age 55 and older: Continue with annual screening or switch to mammograms every two years
- Age >75: Screening should continue if estimated life expectancy is >10 years

Research has not shown a clear benefit of regular physical breast exams done by either a health professional or by yourself. **Women should be familiar with how their breasts normally look and feel and report any changes to a health care provider right away.**



MACOMB

DOING WHAT'S BEST.

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McLAREN MACOMB
BREAST CENTER





IT'S ALL ABOUT YOU

Just about everyone knows someone—a family member, friend, coworker or neighbor who has been affected by breast cancer. Since breast cancer strikes women across the globe, women often report that they fear being diagnosed with breast cancer more than any other disease. As strong advocates for women's health, McLaren Macomb Breast Center's experienced team of physicians and staff understand women's anxieties about their breast health. The team strives to educate, support and encourage women to learn their risk for breast cancer, practice preventive measures and live a healthy lifestyle.

PATIENT CARE AND COMFORT ARE OUR TOP PRIORITY

We understand that maintaining breast health may sometimes be uncomfortable. That's why patients can expect treatment in a relaxed patient-focused setting. From cloth gowns to a warm and welcoming atmosphere, our goal is to put our patients at ease.

YOU ARE NEVER ALONE

For patients facing a medical evaluation for breast cancer, emotional support and compassion are as important as their treatment. Our breast health navigator can help patients and their families cope with their concerns while serving as an educator and resource for referrals to support groups, dieticians and social workers.

OUR SERVICES

The center was designed by women for women and is equipped with state-of-the-art imaging technology featuring:

3D AND DIGITAL MAMMOGRAPHY

3D or 3-Dimensional mammography, is the next generation of technology for detecting breast cancer at an earlier, more treatable stage. This type of mammography is used in combination with conventional 2D mammography.

With safe and effective 3D mammography, physicians are provided with clearer images to make a more accurate diagnosis. This reduces the occurrence of false-positives, meaning women can avoid the anxieties associated with follow-up mammograms.

Particularly beneficial to women with dense breast tissue, 3D mammograms allow radiologists to review the images in multiple 1-mm slices and detect breast cancer in its earliest stages when it's most treatable.

2D mammography is a low dose X-ray imaging exam used to obtain accurate images of the breasts while significantly improving early cancer detection.

SERVICES ALSO INCLUDE:

- Breast Ultrasound
- Interventional Breast Procedures
- Minimally Invasive Breast Biopsy
- MRI Breast Imaging and Biopsies
- Bone Density and Risk Assessments

Testing varies by location.

TEST RESULTS AND REPORTING

All of the testing procedures performed at the McLaren Macomb Breast Center and affiliated offices are interpreted by a board-certified radiologist. A report will be sent to the referring physician, who will follow-up with the patient to discuss their test results.

We also provide coordination of care for patients undergoing diagnostic evaluations and breast biopsies. Patients diagnosed with cancer are referred to our Karmanos Cancer Institute at McLaren Macomb in the Ted B. Wahby Cancer Center, where they are provided with the latest treatment options and personalized follow-up care.

EXCEEDING PATIENT EXPECTATIONS

Understanding patient needs and expectations are paramount as we strive to deliver exceptional patient health care. Our focus on patient satisfaction is evident in all we do to provide each patient the highest degree of personal and individualized service throughout their experience.

PATIENT CONVENIENCES ALSO INCLUDE:

- Walk-in services for screening mammography at our satellite offices
- Screening appointments within 1–2 days
- Same or next day biopsy services
- Minimal wait times for scheduled appointments
- Rapid reporting of test results
- Reminder letter to schedule an annual mammogram
- Acceptance of most insurance plans

SUPPORTING A HEALTHIER COMMUNITY: BRAVo FOR WOMEN

In addition to promoting breast health education, McLaren Macomb is committed to helping medically underserved women in the communities we serve. Through its BRAVo for Women program, McLaren Macomb helps to ensure that women in Macomb County without health insurance have access to screening, diagnostic mammograms and breast ultrasounds.

The McLaren Macomb Breast Center is accredited in mammography with the American College of Radiology, accredited by the International Society of Bone Densitometry and is also certified by the State of Michigan and federal government. By maintaining these standards of excellence, our facilities continuously demonstrate a strong commitment to image quality and safety.

