



PALLIATIVE CARE

A PATIENT-CENTERED OPTION.

A serious health condition presents an array of important decisions. Knowing your medical treatment and care options is important to ensuring your health care needs are met. For patients with a life-threatening illness, palliative care at McLaren Macomb is an option to consider.

Our palliative care expert, Tara Eastin, DO, internal medicine, specializes in hospice and palliative medicine and works with other doctors and health care professionals to determine the most appropriate patient care plan.

Dr. Eastin completed a fellowship in palliative and hospice care at George Washington University Hospital in Washington, D.C.



Dr. Tara Eastin

To schedule an appointment, call (586) 294-5210.

INSURANCE

We participate with most insurance plans. For specific questions about insurance coverage of palliative care services, individuals and family members should call their health plan directly.



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PATIENT-CENTERED PALLIATIVE CARE





McLAREN MACOMB PALLIATIVE CARE

McLaren Macomb's palliative care includes a multidisciplinary health care team that works with the patient and family to manage the symptoms associated with a serious illness. This highly trained team includes physicians, nurses, pharmacists, social workers and other health care professionals.

McLaren Macomb is dedicated to providing quality care, treatment and support in a compassionate, patient-centered environment emphasizing:

- Improving patient's ability to tolerate medical treatments
- Empowering patients to manage their care and treatment
- A partnership between patient, specialists and family
- Regular communication between patient, family and care providers
- Expert management of pain and other symptoms
- Assistance in navigating the health care system
- Guidance with complex treatment choices
- Emotional and spiritual support for patient and family

HOW DO I KNOW IF PALLIATIVE CARE IS RIGHT FOR ME OR MY FAMILY MEMBER?

Palliative care is an option if you are facing or experiencing discomfort with a serious illness, or will have to make complex medical decisions. It may be especially helpful if you or a loved one:

- Has cancer, heart failure, AIDS, liver or kidney problems or dementia
- Are seriously ill and face questions about the future
- Have pain, trouble breathing or other distressing symptoms
- Want help making difficult medical decisions

IS PALLIATIVE CARE SERVICE THE SAME AS HOSPICE CARE?

No. You can receive palliative care at any time during your illness while you receive all other treatments. Hospice care is generally provided at home or in a hospice center. Typically, people electing hospice decide to forego curative treatments for their illness.

WHAT IS PALLIATIVE CARE?

Palliative care means more than just treating the painful symptoms of a serious medical disease.

Palliative care is a patient- and family-centered approach to improving the quality of life for patients who have progressive medical diseases. It involves the expert management of pain and other symptoms, as well as techniques to manage the stress caused by a serious illness.

While palliative care includes a team approach, your doctor will continue to be in charge of your care.

WHO CAN RECEIVE PALLIATIVE CARE?

Palliative care is appropriate at any stage of a serious illness and is provided along with all other medical treatments. McLaren Macomb's palliative care focuses on the physical, emotional and spiritual needs of individuals with a serious illness.

