

YOUR SURGICAL SERVICES PASSPORT

Stop 1: Pre-operative (Same Day Surgery)

Your pre-op nurse will:

- Review your medical history, medication list, and planned procedure/surgery with you.
- Ask you questions to complete a pre-op checklist.
- Ask you to change into a gown and start an IV.
- Confirm your ride home if you are going home the same day of your procedure/surgery.

Your family and/or support person(s) can join you in the pre-op phase. Your surgeon, anesthesiologist, and OR nurse will meet you in pre-op before your surgery to review your information and the procedure with you.



Stop 2: Operating Room (OR)

This is where your surgery will be performed. Your family and/or support person(s) will be directed to the surgical lounge to wait during your procedure/surgery.



Stop 3: Post-Anesthesia Care Unit (PACU)

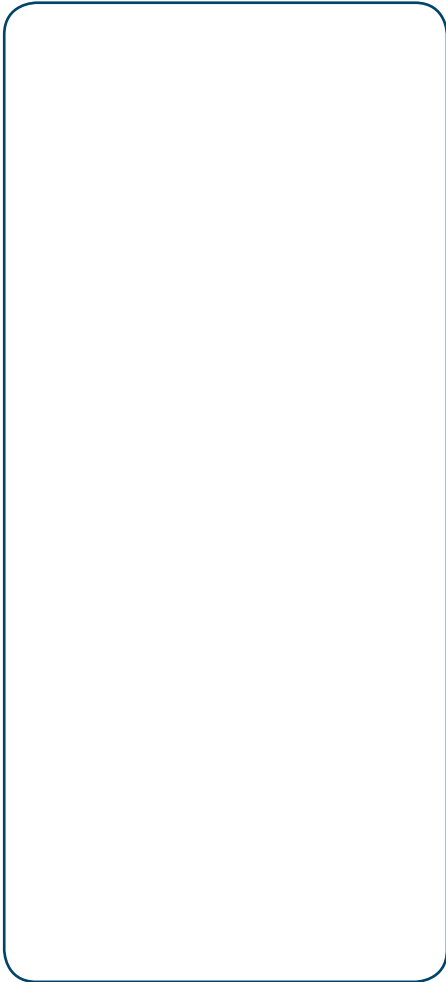
After surgery, the surgeon will talk to your family/support person in a consultation room to update them on your surgery. Your PACU nurse will monitor your heart rate, breathing, blood pressure, oxygen, and treat any pain or nausea you experience. Most patients are monitored for 45-120 minutes in our immediate care area. Your nurse will update your family or designated person after an hour if you require an extended stay.



If you are going home the same day of your surgery, you will be transferred to a discharge area for at least 30 minutes. Your family/support person(s) can join you. When it is time, your nurse in this area will review your discharge instructions with you. You **MUST** have a ride home available after your procedure/surgery.

If you are going to stay with us overnight, you will transfer from our immediate care area to your hospital room. Your family will be notified in the lounge of your transfer to your room so that they can join you in your room.

THANK YOU FOR
ALLOWING US TO
CARE FOR YOU TODAY!



Tips for preventing nausea and vomiting:

- Tell your nurse if you have a history of nausea after surgery.
- Let us know immediately if you begin to feel nauseous.
- Start a diet of clear liquids and mild foods.
- Drink plenty of fluids.
- Don't skip pain medication. It can help decrease your nausea by keeping pain manageable.

Caring for your surgical site:

- Wash your hands before and after touching your wound.
- Keep your wound dressing clean and dry.
- Change your dressing as instructed.
- Do not pick at your staples, tissue glue, or stitches.

Call your surgeon if you notice any of the following signs of infection:

- Feeling suddenly exhausted.
- Fever of 101F or higher.
- Your incision feeling hot to the touch.
- Redness or red streaks on the surrounding skin.
- Swelling or hardening of the incision site.
- Drainage that is foul-smelling or pus.
- Incision area becomes very tender/painful with light touch.