

Surgeon: _____

Patient Sticker

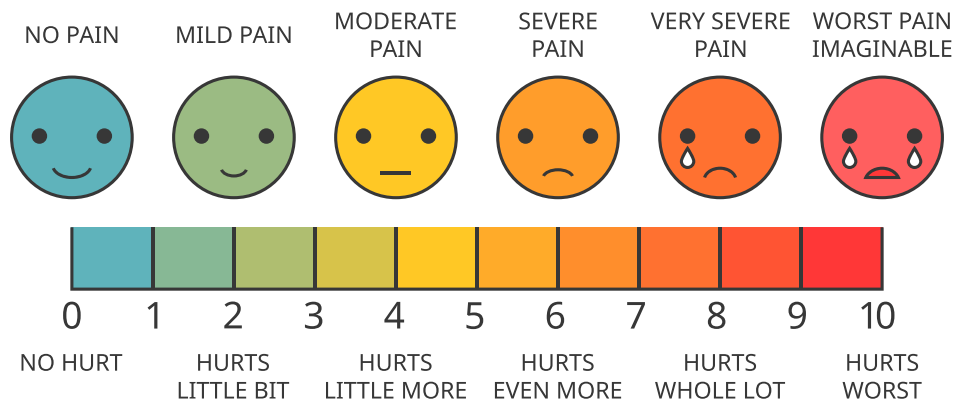
Anesthesiologist: _____

RN: _____

YOUR COMFORT IS IMPORTANT TO US

Pain is expected after surgery. Our goal is to help you achieve a tolerable pain level. This is the pain scale we will use to assess your pain level:

PAIN MEASUREMENT SCALE



Acceptable/Tolerable Pain Level: _____

There are several things we can do to help you achieve a tolerable pain level:

- Pain medications
- Ice packs
- Warm blankets
- Teaching you how to splint your incision sites when coughing and moving
- Repositioning/moving
- Decreasing stimulation, for example dimming the lights

Discharge goals:

- Your pain level is tolerable at rest
- You can tolerate drinking fluids; nausea is controlled
- Walking or you are able to tolerate sitting up in a chair
- Urinating prior to discharge, if indicated for your surgical procedure
- Your questions answered; your worries and concerns addressed
- Understanding your discharge instructions and how to use new medications

Pain medications:

Teach back completed

Medication: _____ Time taken: _____ Next dose due: _____

Medication: _____ Time taken: _____ Next dose due: _____

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