

HOW TO STAY SAFE WHILE SEEKING CARE

DURING COVID-19



EFFECTIVE HAND WASHING

Hand hygiene remains the single most important factor in stopping the spread of coronavirus. All McLaren facilities are equipped with an abundance of hand sanitizer stations that can be used by our staff, patients, and visitors. Washing your hands vigorously with soap and warm running water for at least 20 seconds is still the safest way to clean your hands.



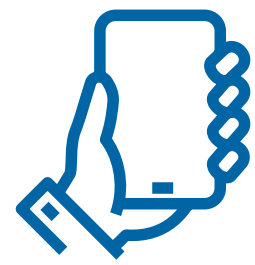
STAY VIGILANT

While our caregivers and support staff are trained to practice exceptional hand hygiene, we also empower our patients to ask our staff to sanitize their hands before caring for them as another layer of safety.



PRACTICE SOCIAL DISTANCING

If a patient is having an outpatient test or procedure requiring a ride home, asking the family member to wait nearby instead of entering the hospital minimizes the number of people in the hospital.



UTILIZE TECHNOLOGY

Patients who require an overnight stay in an acute care facility are encouraged to bring a mobile device capable of video conferencing and charger. Video conferences can be an effective way to stay socially connected to your support network and keep loved ones included in the care plan.



DOING WHAT'S BEST.®

