



1221 Pine Grove, Port Huron, MI 48060

Patient Identification

Infant Safety Agreement

This information is provided in compliance with the "Safe Sleep Act" per the State of Michigan Enrolled House Bill, 4962, Act No. 122

Important things to remember in the hospital:

- o All hospital staff wear name badges. If you have any concerns regarding any individual coming to your room for any reason, please call your nurse to confirm their identity or to answer your questions.
- o Never leave your baby alone in your hospital room.
- o Do not carry your baby in your arms in the hallway; please use the infant crib when walking in the hall.
- o Make sure you and others always wash their hands before holding baby.
- o Discourage family and friends from visiting if they have any signs of illness, such as a cold or flu.

Follow these safe sleep practices:

- ◆ Always put baby on back to sleep, even when he/she can roll over.
- ◆ Place baby alone to sleep, in a crib, portable crib or bassinet.
- ◆ Use a firm mattress with a tightly fitted sheet.
- ◆ Do not use pillows, blankets, comforters, stuffed animals, bumper pads or other soft things in the baby's sleep space.
- ◆ Keep baby's face uncovered during sleep for easy breathing. Use a sleeper instead of a blanket.
- ◆ Do not let the baby get too hot. Dress the baby in light clothes for sleeping. Keep the room temperature in a normal range that is comfortable for a lightly clothed adult.
- ◆ Remove the baby's hat or headband when putting baby to sleep.

Warning!

- ◆ Babies are not safe sleeping on a couch, pillow, or anything soft.
- ◆ Babies are not safe sleeping with other children, adults or pets.
- ◆ Babies are not safe sleeping in adult beds. If you feed your baby in bed, put your baby into his/her crib to sleep.
- ◆ Never fall asleep while holding your baby.

- ✓ Do not allow anyone to smoke around your baby.
 - o Second-hand smoke is a known risk factor in unexpected infant death.
 - o _____ I want a free stop smoking brochure.
- ✓ Never shake a baby. Shaking a baby or child can cause blindness, permanent brain damage, even death.
- ✓ Teach other infant care givers to maintain a safe environment for your baby.

I have received the Safe Sleep Information and have reviewed this document.

Parent Signature: _____ Date: _____ Time: _____

Staff Signature: _____ Date: _____ Time: _____

