McLaren Medical Group
"Welcome to Medicare" Exam

Medicare B eligibility date:_____ Date of exam:_____ Date of last exam:_____

MEDICAL/SOCIAL HISTORY

Past personal illnesses or injuries:

Injury or illness	Date	Hospitalized?

Drug allergies:

_____

_____

_____

Tobacco use: _____

_____

Alcohol use: _____

_____

Drug use:_____

_____

Medications, supplements and vitamins:

_____

_____

Social history notes (including diet and physical activities):

_____

_____

_____

Family history notes:

_____

_____

_____

DEPRESSION SCREEN

1. Over the past two weeks, have you felt down, depressed or hopeless? ☐Yes ☐No
2. Over the past two weeks, have you felt little interest or pleasure in doing things? ☐Yes ☐No

FUNCTIONAL ABILITY/SAFETY SCREEN

1. Was the patient's timed Up & Go test unsteady or longer than 30 seconds? ☐Yes ☐No
2. Do you need help with the phone, transportation, shopping, preparing meals, housework, laundry, medications or managing money? ☐Yes ☐No
3. Does your home have rugs in the hallway, lack grab bars in the bathroom, lack handrails on the stairs or have poor lighting? ☐Yes ☐No
4. Have you noticed any hearing difficulties? ☐Yes ☐No

Hearing evaluation: _____

A "yes" response to any of the questions regarding depression or function/safety should trigger further evaluation.

PHYSICAL EXAMINATION

Height: _____ Weight: _____ Blood pressure: _____

Visual acuity: L _____ R _____ Body Mass Index: _____

ELECTROCARDIOGRAM

Referral or result: _____

Evaluations/referrals based on history, exam and screening:

_____

_____

_____

ADVANCE DIRECTIVE

☐Patient has ☐does not have ☐info given ☐Physician willing to follow Advance Directive

continued ➤

Patient Name:

Date of Birth:

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COUNSELING AND REFERRAL OF OTHER PREVENTIVE SERVICES

Service	Limitations	Recommendation	Scheduled
Vaccines • Pneumococcal • Influenza • Hepatitis B (if medium/high risk)	No deductible/no co-pay Medium/high-risk factors: • End-stage renal disease • Patients with hemophilia who received Factor VIII or IX concentrates • Clients of institutions for the mentally retarded • Persons who live in the same house as a carrier of Hepatitis B virus • Homosexual men • Abusers of illicit injectable drugs		
Mammogram			
Pap and pelvic exams			
Prostate cancer screening • Digital rectal exam (DRE) • Prostate specific antigen (PSA)			
Colorectal cancer screening • Fecal occult blood test • Flexible sigmoidoscopy • Screening colonoscopy • Barium enema	Exempt from Part B deductible.		
Diabetes self-management training	Requires referral by treating physician for patient with diabetes or renal disease.		
Bone mass measurements	Requires diagnosis related to osteoporosis or estrogen deficiency.		
Glaucoma screening			
Medical nutrition therapy for diabetes or renal disease	Requires referral by treating physician for patient with diabetes or renal disease.		
Cardiovascular screening blood tests • Total cholesterol • High-density lipoproteins • Triglycerides	Order as a panel if possible.		
Diabetes screening tests • Fasting blood sugar (FBS) or glucose tolerance test (GTT)	Patient must be diagnosed with one of the following: • Hypertension • Dyslipidemia • Obesity (BMI ≥30 kg/m^2) • Previous ID of elevated impaired FBS or GTT … or any two of the following: • Overweight (BMI ≥25 but <30) • Family history of diabetes • Age 65 years or older • History of gestational diabetes or birth to baby weighing more than 9 pounds		
Abdominal aortic aneurysm screening • Sonogram	Patient must be referred through this exam and not have had a screening for abdominal aortic aneurysm before under Medicare. Limited to patients who meet one of the following criteria: • Men who are 65-75 years old and have smoked more than 100 cigarettes in their lifetime • Anyone with a family history of abdominal aortic aneurysm • Anyone recommended for screening by the U.S. Preventive Services Task Force		

Provider's Signature _____ Date/Time: _____

Patient Name:

Date of Birth: