



## Medication Contract

If your child has received a prescription for ADHD medication, it is recommended that you sit down with him or her and discuss how to safely and responsibly take their medication. The Medication Contract can be used to structure this conversation.

### **WHO SHOULD USE A MEDICATION CONTRACT?**

Parents should use this tool to speak with their children about their medication. Having your child sign a Medication Contract provides a good reminder of how to safely and responsibly take medication.

### **HOW SHOULD IT BE USED?**

Have your child complete the information box with the name of his or her medication, the dosage, and the times of day that the medication is to be taken. If your child takes more than one medication, print out separate Medication Contracts for each medication.

Read each agreement together with your child, and make sure he or she fully understands them.

Have your child sign and date the Medication Contract and update it if their medication regimen changes.

# Medication Contract

I, \_\_\_\_\_, understand that my doctor has given me medication to help me with my ADHD.

- I understand that I have to carefully follow directions when I take my medication. This means that I take a certain amount of it, at a certain time of day.

<b>Name of my medication:</b>	
<b>Dosage:</b>	
<b>Time(s) of day that I take my medication:</b>	

- I understand that I should **NOT** take any *more* or any *less* of my medication unless my doctor tells me to do so.
- When I'm in school, I promise to only take my medication at the School Nurse's office.
- I understand that **I am the only person** that should take my medication. I promise not to give my medication to anyone else, because it could harm them.
- I promise to **tell an adult** (such as my parents or my teacher) if my medication has been **lost or stolen**.

I went over these rules with my parents. I understand them and I promise to follow them so that I stay safe while taking my medication.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_